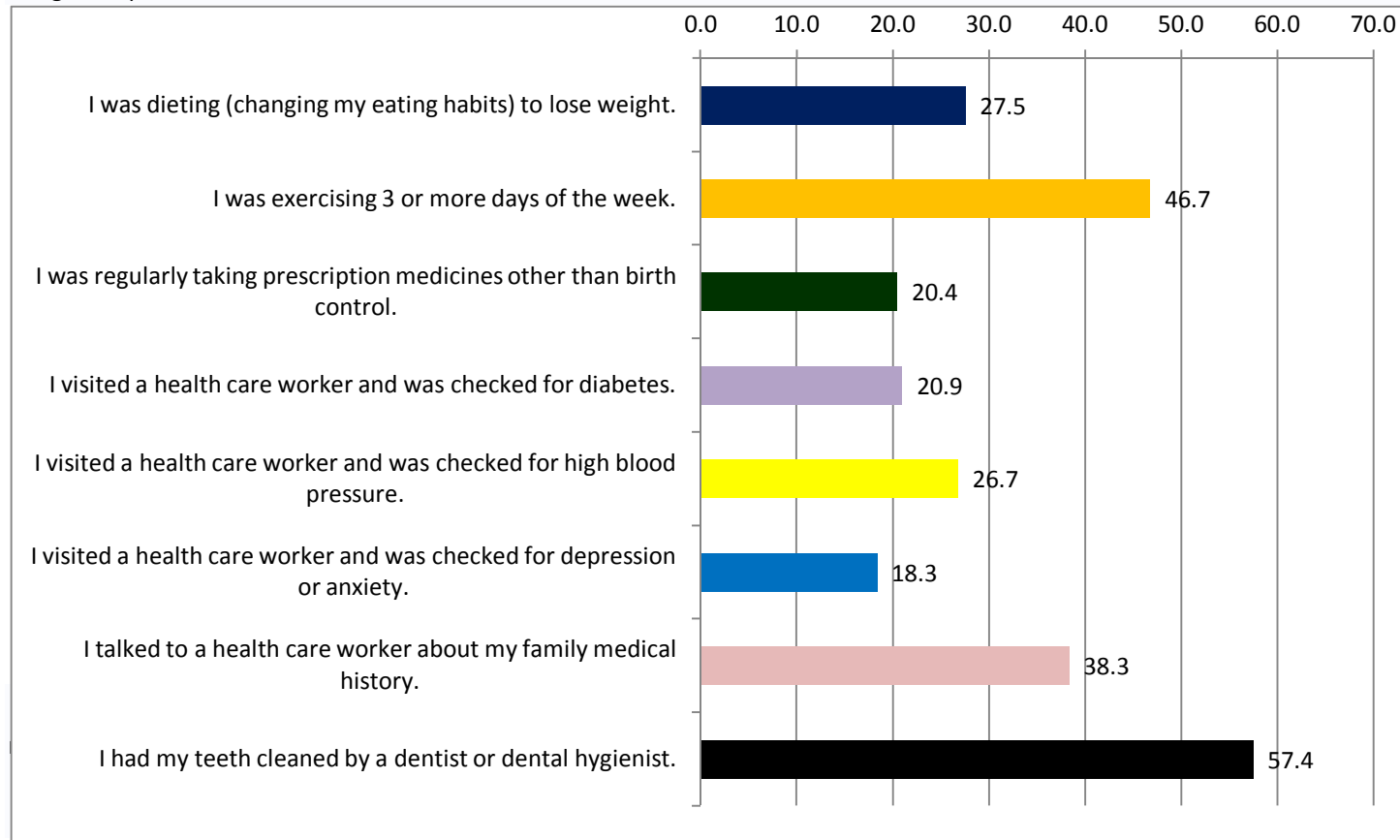


Health Behaviors

Percentage (%) of new mothers in Illinois who reported doing the following activities 12 months before pregnancy

Survey Question 7: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? Response: Yes



	Percentage ¹	95% CI ²	Respondents ³	Estimated Population Affected ⁴
I was dieting (changing my eating habits) to lose weight.	27.5	25.1 - 30.2	397	40,760
I was exercising 3 or more days of the week.	46.7	43.8 - 49.6	663	69,034
I was regularly taking prescription medicines other than birth control.	20.4	18.2 - 22.8	308	30,273
I visited a health care worker and was checked for diabetes.	20.9	18.6 - 23.4	294	30,892
I visited a health care worker and was checked for high blood pressure.	26.7	24.3 - 29.4	391	39,479
I visited a health care worker and was checked for depression or anxiety.	18.3	16.2 - 20.7	260	27,072
I talked to a health care worker about my family medical history.	38.3	35.5 - 41.2	545	56,589
I had my teeth cleaned by a dentist or dental hygienist.	57.4	54.5 - 60.2	806	85,040

¹Percentage = Weighted percentage of Illinois mothers giving birth to live infants in 2013 who responded Yes to the survey question for the specified indicator

²CI = confidence interval

³Respondents (N) = Total number of mothers who responded Yes to the survey question for the specified indicator

⁴Estimated population affected = Estimated number of Illinois mothers giving birth in 2013 who would respond Yes to the survey question for the specified indicator