

Tooth decay is

4x

more common than asthma among 14-17 year olds



1 in 5 children have at least one untreated decayed tooth

51 million

school hours lost due to dental problem illness

Tiny Teeth, Big Impact

A GUIDE TO CHILDREN'S ORAL HEALTH



Tips For Healthy Teeth

Visit the dentist by age 1



Talk to your dentist about sealants



Eat a nutritious diet



Use fluoride toothpaste



Fluoridated water reduces tooth decay



2-2-2 Rule

Visit the dentist 2 times per year



Brush and floss 2 times per day

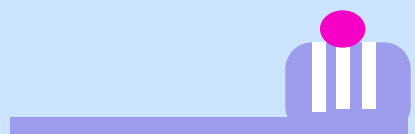


Brush and floss for 2 minutes

Toothpaste Use Guide



0-3 years grain of rice



3+ years pea size