

Suicidal Behavior Among Illinois Youth

97 Illinois Youth Ages 10-19 died by suicide in 2015

That's more than **1 every 4 days**,



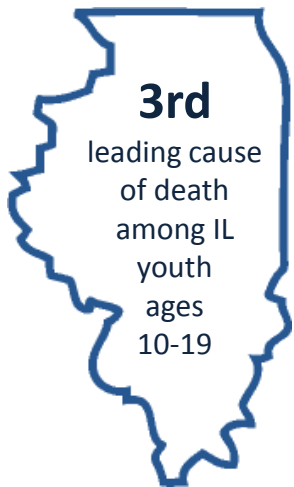
5 full school classrooms

Boys are **3 times** as likely as girls to die by suicide

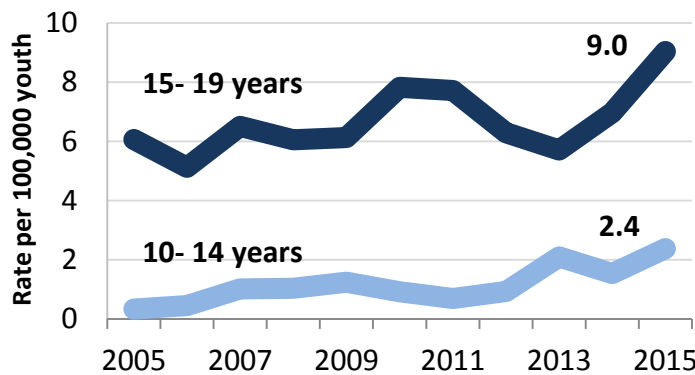


Youth living in rural counties are **2 times** as likely to die by suicide as youth in the Chicago area

2X



Suicide Deaths are on the Rise



47,000 Illinois Youth reported attempting suicide in 2015

That's one every **11 minutes**,



Or **650** full school buses

Boys and girls are **equally** likely to report attempting suicide



1 in 10 IL high school students



1 in 4 Lesbian, Gay or Bisexual students report attempting suicide

Black and Latino high school students are **2 times** as likely as white peers to attempt suicide

2X



Suicide Attempts have increased **50%** since 2007

Questions?
 Contact the Illinois Department of Public Health
 Office of Women's Health and Family Services
 Division of Maternal, Child, and Family Health Services
 DPH.MCH@illinois.gov



Risk Factors for Suicidal Behavior Among Illinois Youth



2X

Students who are **bullied** are two times as likely to attempt suicide



3X

Students who are a victim of **dating violence** are three times as likely to attempt suicide



2X

High school students who feel **depressed** are two times as likely to report attempt suicide

6X

High school students with **2 or more** of these experiences are six times as likely to attempt suicide

Resources

Know the Warning Signs for Suicide

- Threatening to, or talking about wanting to, hurt or kill oneself
- Looking for ways to kill oneself by seeking access to firearms, available pills, or other means
- Talking or writing about death, dying, or suicide when these actions are out of the ordinary
- Feeling hopeless
- Feeling rage or uncontrolled anger or seeking revenge
- Acting reckless or engaging in risky activities
- Feeling trapped - like there's no way out
- Increasing alcohol or drug use
- Withdrawing from friends, family, and society
- Feeling anxious, agitated, or unable to sleep or sleeping all the time
- Experiencing dramatic mood changes
- Seeing no reason for living or having no sense of purpose in life

Seek Help

If you or someone you know shows warning signs, or you would like to discuss your situation, call:

National Suicide Prevention Lifeline:

1-800-273-TALK

The Trevor Project

1-866-488-7386

Trans Lifeline:

1-877-565-8860

Or text:

START to 741741

FOR MORE INFORMATION, please visit:

IDPH Suicide Prevention:

www.dph.illinois.gov/topics-services/prevention-wellness/suicide-prevention

Data Sources and Methodology

1) *Illinois Death Certificates* for Illinois residents, 2000- 2015

2) *Illinois Youth Risk Behavior Survey (YRBS)*, 2007-2015*

* YRBS is weighted to be representative of all Illinois public high school students. All YRBS data on suicide attempts are self reported by students.

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