

# ZIKA VIRUS ACTION PLAN



# **Table of Contents**

Illinois Zika Virus Action Plan	5
Illinois	5
Preparedness and Response Planning	6
Outreach	7
Pregnant Women and Partners	7
Women of Child Bearing Age and Partners	7
Men	7
Health Care Providers	7
Human Disease Surveillance	9
Human Laboratory Testing	10
Mosquitoes Surveillance and Control	11
Mosquito Distribution	11
Mosquito Surveillance	13
Mosquito Source Reduction	15
Mosquito Larval Control	16
Adult Mosquito Control	16
Risk and Safety of Mosquito Control Pesticides	17
Mosquito Breeding Habitats on Private Property	17
Local Transmission	18
Human Disease Surveillance	18
Mosquito Control	18
Widespread Transmission	19
Human Disease Surveillance	19
Mosquito Control	19
Blood Safety	20
Communications	21
Appendix A – Sample Messaging	22
For General Public	23
For Pregnant Women	25
For Pregnant Women With Confirmed Zika Virus	26
For Travelers	26
For Health Care Providers	27

Guillain-Barré Syndrome	28
Appendix B – Illinois Perinatal Advisory Committee	29
Appendix C – Quick Reference Guide	30

# Illinois Zika Virus Action Plan

The Illinois Department of Public Health (IDPH) created this Zika Virus Action Plan to outline the state's efforts to prevent local transmission and to educate the public about transmission through travel and/or sexual contact." The plan outlines how IDPH environmental health, communicable disease, laboratory, preparedness and response, women's health and family services, and communications staff will work with local health departments, blood supply centers, and other partners to verify local transmission of Zika virus, inform the public, and prevent further spread.

# Illinois

Located in the Midwestern United States, Illinois is considered to be at low risk of widespread, year-long transmission of Zika virus. The *Aedes aegypti* mosquito, which is the -primary vector for Zika virus transmission, is rarely found in Illinois. The primary risks to Illinois residents for becoming infected with Zika Virus are (1) from travel to and from areas with active Zika virus transmission or (2) individuals who have unprotected sex after one or both of the sexual partners has traveled to an area with active Zika virus transmission and have been infected.

The Aedes albopictus mosquito is believed to be a secondary [less efficient] vector of Zika virus. Aedes albopictus has been reported from 37 Illinois counties, mostly in the southern two-thirds of the state. This is a "container-breeding" mosquito that uses water-filled buckets, old tires, and similar containers for larval production; it does not breed in ditches, marshes, or other water impoundments in the ground. Additional survey work is needed to determine the presence and public health importance of Aedes albopictus in Illinois.

At this time, local transmission of Zika virus in the United States has occurred only in southeastern Florida and Texas, and is ongoing in U.S. territories and affiliated Pacific Island countries.

Currently, the only Zika virus cases in Illinois are travel associated. Transmission can occur sexually or congenitally. Although very unlikely, infected people who come to or return to Illinois from affected areas *could* infect mosquitoes if they are bitten while the virus is still circulating in their blood (viremic). However, because the *Aedes aegypti* is rarely present in Illinois, it is unlikely that locally sustained transmission would occur.

# **Preparedness and Response Planning**

While IDPH does not anticipate widespread local transmission in Illinois, it is important to plan for all phases of potential transmission. IDPH will determine its response to potential Zika virus transmission according to the chart below. This chart presents a phased approach to preparation for, management of, and response to potential local transmission and/or an outbreak of Zika virus.

Stage	Phase Level	Transmission Risk Category
	0	<b>Pre-Season Preparedness –</b> Travel-associated human cases possible; fall and winter weather conditions not suitable for mosquito-borne Zika virus transmission.
Pre-incident	1	Mosquito Surveillance and Control – Spring and summer seasonal Aedes albopictus mosquito biting activity occurring. Viremic travel-associated cases occurring, possibly infecting vector mosquitoes. Vector mosquito surveillance activities being conducted if appropriate. Survey for the presence of invasive Aedes aegypti conducted.
Suspected/Confirmed Incident	2	<b>Local Confirmed Transmission</b> – A single, locally-acquired case, or small number of cases clustered in a single household or neighborhood.
Incident/Response	3	Widespread Local Transmission – Localized Zika virus illnesses with onsets occurring within a 1 mile radius, and within a single jurisdiction.
	4	Widespread Multi-jurisdictional Transmission – Zika virus illnesses occurring in more than 1 jurisdictional area.

# Outreach

# **Pregnant Women and Partners**

IDPH's top priority is to protect pregnant women and their fetuses from Zika virus infection. Zika virus infection during any stage of pregnancy can cause microcephaly and other severe fetal defects. In addition to microcephaly, doctors have found other problems in pregnancies and among fetuses and infants infected with Zika virus before birth, such as miscarriage, stillbirth, absent or poorly developed brain structures, defects of the eye, hearing deficits, and impaired growth. IDPH is working to educate pregnant women who may travel to areas with Zika virus or who have sexual partners who may travel to these areas about how to prevent Zika transmission. Pregnant women traveling should strictly follow steps to prevent mosquito bites, including using mosquito repellent containing DEET and protect against sexual transmission. If a pregnant woman has a sex partner who lives in or has traveled to an area with Zika, she should use a condom every time she has sex or should not have sex with that partner during the pregnancy.

### Women of Child Bearing Age and Partners

IDPH is also prioritizing efforts to prevent Zika virus infection in women who may become pregnant. To accomplish this, IDPH is working with community organizations to offer materials and information to reduce the spread of Zika virus. The information will emphasize pregnancy prevention and family planning because of the risks associated with Zika virus infection during pregnancy. The IDPH Office of Women's Health and Family Services (OWHFS) prioritizes assisting women of childbearing age to take preventative measures to avoid or postpone pregnancy if they have had any exposure or potential exposure to the Zika virus. The OWHFS provides information to pregnant women and women who may become pregnant about Zika virus, travel recommendations, how to protect themselves, and what to do if they are, or may be infected.

#### <u>Men</u>

Because Illinois is considered to be at low risk of spreading Zika virus, travel to areas with Zika virus or having a sexual partner who has traveled to an area with Zika should be actively considered to prevent transmission. Zika virus can be transmitted sexually (vaginal, anal, or oral) from a male to his partner. The Zika virus appears to stay in semen longer than in the blood, so men should take extra precautions to avoid spreading the virus. If a man travels to an area with risk of Zika, he should use a condom when engaging in sexual activity during his travel and for six months after he returns. People visiting an area with widespread Zika should take steps to protect themselves from mosquito bites, including using <a href="Environmental Protection Agency (EPA)-registered insect repellents">Environmental Protection Agency (EPA)-registered insect repellents</a>. More information on steps to prevent mosquito bites and other travel precautions can be found on the CDC website.

# **Health Care Providers**

IDPH is working with obstetricians and birthing hospitals to ensure they understand how to correctly identify, test, and manage pregnant women who may be infected with Zika virus. IDPH is also working with health care providers to ensure access to family planning messages and services. Current recommendations include:

 Advising women to wait at least eight weeks after their symptoms first appeared before trying to get pregnant.

- Advise men to wait at least six months after their travel to a Zika-affected area before trying
  - to get their partner pregnant, regardless of whether they exhibited Zika virus symptoms.
- Men should correctly and consistently use condoms for vaginal, anal, and oral (mouthto-penis) sex or not have sex during this time period if they are concerned about the possibility of transmitting Zika virus to their sex partners.
- Men and women without symptoms of Zika virus who live in an area with active Zika virus transmission should talk with their health care providers about their pregnancy plans during a Zika virus outbreak, the potential risks of Zika virus, and how they can prevent Zika virus infection during the pregnancy.

Zika virus can be passed through sex from a person who has Zika virus to his or her sex partners. All pregnant women who have a sex partner who has traveled to or resides in an area with Zika virus should use barrier methods every time they have sex or they should not have sex during the pregnancy. Although no cases of woman-to-woman Zika virus transmission have been reported, these recommendations also apply to female sex partners of pregnant women.

OWHFS shares Zika virus educational materials developed by the CDC with the Governor's Office of Early Childhood Development and with the Illinois Department of Human Services. OWHFS also targets health care providers such as gynecologists, obstetricians, and midwives to assist with patient education. The outreach includes information about symptoms to look for in patients, questions to ask patients, how to request testing, and how to collect specimens for testing.

The IDPH Adverse Pregnancy Outcomes Reporting System (APORS) is working with the CDC to provide information for the U.S. Zika Pregnancy Registry (USZPR). The registry is a way to comprehensively monitor pregnancy and infant outcomes following Zika virus infection. The data collected through this system will be used to update recommendations for clinical cases, to plan for services and support for pregnant women and families affected by Zika virus, and to improve prevention of Zika virus infection during pregnancy. APORS will report to the CDC poor pregnancy outcomes related to Zika virus infection for live-born infants with birth defects and pregnancy losses with birth defects. Pregnancy Registry data will not be released at the state level to ensure the privacy of the individuals.

Health care providers and health departments with questions about the registry can email <a href="mailto:ZikaMCH@cdc.gov">ZikaMCH@cdc.gov</a> or call 770-488-7100 and ask for the Zika Pregnancy Hotline.

# **Human Disease Surveillance**

The IDPH Communicable Disease Control Section (CDCS) conducts human surveillance for arboviral infections, including Zika virus.

Disease surveillance data is reported in the Illinois National Electronic Disease Surveillance System (I-NEDSS) surveillance database. Specific information can be collected on each case, including, but not limited to, complete travel history (destination, departure, and return dates), clinical symptoms, pregnancy status (including fetal ultrasound findings), and laboratory test results. These data are reviewed daily for completeness and cases with incomplete data are returned to the local health department (LHD) for completion. All confirmed cases of Zika virus for which investigations have been closed are uploaded to ArboNET and transmitted to the CDC on a weekly basis. The CDCS and Division of Epidemiologic Studies (DES) [or the Adverse Pregnancy Outcomes Reporting System (APORS) program] collaborate with LHDs to collect the information required for the U.S. Zika Pregnancy Registry (USZPR). De-identified maternal, neonate, and infant follow-up forms are submitted to the USZPR.

The CDCS coordinates specimen submission (including serum, amniotic fluid, whole blood, urine, and fetal tissue), with LHDs and providers. This involves providing appropriate guidance on collection, packaging, handling, and shipping of specimens. It also fields calls from LHDs who need additional guidance on testing, lab report interpretation, disease surveillance activities, specimen submission, etc. The DES (or APORS) provides information to callers requesting information about neonate and infant follow-up.

IDPH CDCS will continue to provide resources, educational materials, up-to-date travel notices, and guidance surrounding Zika virus on the IDPH Web Portal for infection control professionals and LHDs to share with clinicians and other health partners in their jurisdictions.

Neither vaccines nor proven clinical treatments are available at this time to treat or prevent Zika virus infections

The IDPH Office of Preparedness and Response (OPR) will assist CDCS to assess and coordinate Zika virus planning and resources, and continue to provide technical assistance.

# **Human Laboratory Testing**

CDC has set guidance to indicate who should be tested for Zika virus infection. IDPH will use the CDC testing criteria to determine suitability for testing.

The IDPH Laboratory is using the CDC Emergency Use Authorized Trioplex assay to detect dengue, chikungunya, and Zika viruses by PCR in serum and cerebrospinal fluid (CSF) samples. The CDC Trioplex rRT-PCR is a real-time reverse transcriptase PCR (rRT-PCR) for the qualitative detection and differentiation of Zika, dengue, and chikungunya viruses from individuals meeting any of several sets of CDC Zika virus clinical criteria: 1) Clinical signs and symptoms associated with Zika virus infection, 2) CDC Zika virus epidemiological criteria (e.g., history of residence in or travel to a geographic region with active Zika transmission at the time of travel, or other epidemiologic criteria for which Zika virus testing may be indicated as part of a public health investigation), and 3) Sexual exposure to a person with a previous positive PCR or serology result for the Zika virus.

The Trioplex rRT-PCR is designed to detect virus (Chickunguny, Denge, and Zika) in specimens and is therefore best suited to evaluate specimens from individuals collected in the initial period following illness onset. It can be used on serum and cerebrospinal fluids to assay for all three viral types, and in urine, amniotic fluid, and whole blood to assay for Zika Virus only. These alternate specimen types require the submission of a patient-matched serum specimen. The Trioplex rRT-PCR test takes a minimum of four hours to complete.

Serological testing is necessary for individuals who submit specimens collected after the initial period following illness onset. Specimens from individuals with a less recent exposure to Zika virus should only be tested using serological methods. The IDPH Laboratory is running the CDC Zika MAC-ELISA test for Zika virus IgM antibodies. Specimens that test positive, equivocal, or inconclusive for Zika IgM antibodies will be shipped to CDC for further testing and characterization, due to the possibility of cross reaction between antibodies against other flavivirus species and the Zika virus. IDPH is evaluating the use of additional testing to verify IgM test results. If these tests are successfully validated, the screening information provided by these tests will be helpful in verifying Zika positive IgM tests within the IDPH Laboratory.

The laboratory has the capacity to run 50 PCR specimens and 40 serology tests per day. Programmatic authorization is required for specimen testing. Authorization is signified through the use of an authorization number that is written on the submission form.

# **Mosquitoes Surveillance and Control**

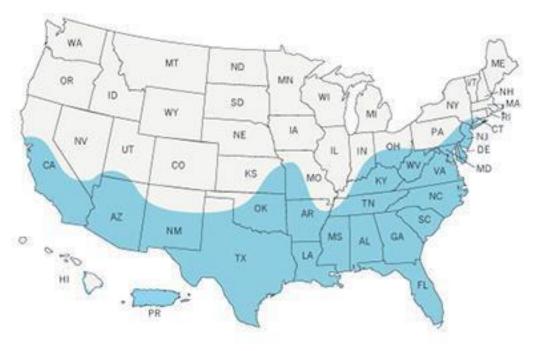
IDPH developed a robust vector surveillance program involving LHDs and Mosquito Abatement Districts (MAD) due to heavy West Nile virus activity in Illinois beginning in 2002. The vector surveillance program affords IDPH the ability to disseminate Zika virus educational materials quickly, along with recommendations for mosquito collection and disease surveillance as appropriate. IDPH provides annual Vector Control Grants and resources for mosquito and dead bird surveillance to LHDs throughout the state. Currently, 93 LHDs are receiving Vector Control Grants. MADs, which are governmental entities with knowledge and expertise on mosquito collection and surveillance, identification, and abatement procedures, also conduct mosquito abatement activities in several areas in Illinois. Additionally, at least one private company conducts mosquito abatement and collects and sends mosquito surveillance data to IDPH. Currently, IDPH has an electronic data submission mechanism for collection of all state-wide vector surveillance data. IDPH meets periodically with these surveillance and abatement cooperators, and assesses their capacity for emergency disease surveillance and abatement. IDPH sends the mosquito data to CDC's ArboNET system, and beginning in 2017, will also submit Aedes identification data to CDC's MosquitoNET system along with four mosquito surveillance partners. These partners include: the North Shore MAD; the Macon MAD; the Champaign-Urbana Public Health District; and the Chicago Department of Public Health.

# **Mosquito Distribution**

Not all species of mosquitoes can transmit pathogens and the pathogens are limited to a specific species of mosquito. For example, the *Culex* group transmits West Nile virus, whereas the *Aedes* group of mosquitoes is not an important vector of West Nile virus, but may transmit Zika virus.

Aedes aegypti (yellow fever mosquito) is the primary vector of Zika virus, while the extent of transmission possible via Aedes albopictus (Asian tiger mosquito) is less understood. Aedes are aggressive daytime biters, with dawn and dusk being peak feeding times. Aedes aegypti cannot survive freezing weather, so they are virtually absent in Illinois except when they may be seasonally introduced, e.g., via transport of used tires. Aedes albopictus are present in several counties in the southern two-thirds of the state and in a few other areas of Illinois. IDPH continues to work with the Illinois Natural History Survey to conduct focused surveillance for Aedes aegypti and Aedes albopictus. These surveillance activities will provide more accurate mosquito data and help determine the presence or absence of these mosquitoes in Illinois, as data for these species are limited.





Estimated range of *Aedes albopictus* in the United States, 2016



Although the extent of transmission via *Aedes albopictus* is still being studied, it would be the most likely Zika virus vector mosquito in Illinois. While mosquito abundance data are most meaningful when collected over several seasons, identifying the presence/absence, rather than abundance of *Aedes albopictus* in Illinois is the primary goal of Zika virus vector surveillance for purposes of establishing transmission risk and the need for increased vector control.

Vector control efforts would target both *Aedes aegypti* and *Aedes albopictus* as control procedures are generally similar for both species. The flight range of both species is short – one-half mile or less – making local populations somewhat easier to manage. IDPH will coordinate with CDC to identify a Zika Virus Transmission Area, a geographic area in which multi-person local transmission has occurred and may be ongoing, to determine response activities and communicate this information to the public and partners.

During a Zika virus outbreak, aggressive vector management and personal protection activities that effectively reduce mosquito density and prevent mosquitoes from feeding on infected people are required to interrupt transmission by mosquito. Unlike West Nile virus, non-human vertebrate animals such as birds do not act as a reservoir for Zika virus: humans and mosquitoes are the only hosts (other than certain forest primates in Africa).

According to the CDC, the efficacy of vector control in reducing mosquito-borne infection risks may be limited, as has been the case with similar mosquito-borne viruses, such as dengue and chikungunya.

# **Mosquito Surveillance**

Confirmed identification of a vector species in a jurisdiction is needed before any adult mosquito insecticide applications are performed. Initial identification of adult *Aedes albopictus* is relatively easily, but specialized traps like oviposition traps that draw egg-laying female mosquitoes are needed to collect specimens. Oviposition traps must be checked weekly. If left unattended for longer periods, they can act as breeding sites. About one oviposition trap per city block is sufficient to establish presence or absence of the *Aedes albopictus*. However, the most reliable way to identify mosquito species is to hatch the eggs and identify larvae. Consequently, there must be suitable laboratory capability for this process. Adult mosquitoes can be sampled using the BG-Sentinel Trap baited with CO2 and/or the manufacturer's attractant (BG-Lure; Biogents, Regensburg, Germany). As is the case with oviposition traps, the agency must have the proper equipment and facility to work with live adult mosquitoes. The gravid traps currently used to trap West Nile virus vectors, occasionally capture adult *Aedes albopictus* and are operated by trained individuals so that these data can be compiled with data from other traps.

IDPH is recommending the use of BGS2 traps to conduct surveillance for adult *Aedes aegypti* or *Aedes albopictus*. IDPH has procured several of these traps that may be used to assist LHDs with surveillance activities if there is evidence of a locally-transmitted case of Zika virus.

More information regarding these traps can be found at <a href="http://www.bg-senti">http://www.bg-senti</a> <a href="nel.com/">nel.com/</a>.

Trap placement may be the most important part of success for mosquito collections. Aedes albopictus, and especially Aedes aegypti, are "urbanized" mosquitoes: they are most likely found in close association with human activities. Consequently, a likely location to detect either of these species would be an older residential area near a scrap yard or where other industrial activities are nearby. Staff should set traps in low, shaded areas, out of sight, and near containers collecting water and vegetation where there is higher humidity. Lower areas will also protect the trap from too much wind and mosquitoes will not have to fly against a stiff breeze. Staff should make sure there is at least 20 inches clear above the trap so airflow is not restricted. The trap should also be about three feet away from any walls or solid structures. After placing the trap with the battery attached, the lures should be checked and if dry ice is being used, assure the mist/vapor is moving toward the trap. Staff should place the traps in the morning and pick them up as early as practical the next morning. Staff running the traps another day can just remove the collection bag with the mosquitoes, tie the top securely, label it with the location and date, and put in a cooler with "blue ice." Staff can then put a new bag on the trap, attach the charged battery, and take the used battery for recharging.

Determining mosquito abundance requires a larger investment in traps and workforce, and depends on the type and number of traps used per unit area, as well as the availability of alternate oviposition sites in the area. Other species, such as the *Aedes triseriatus* (Eastern treehole mosquito), also lay eggs in oviposition traps. Identification of the resultant larvae, pupae, or reared adults from these traps must be performed to accurately estimate *Aedes albopictus* abundance.

To submit adult mosquitoes for identification of suspected *Aedes aegypti* or *Aedes albopictus*, place tissue in the bottom of the container, then mosquitoes, then loosely put more tissue and cover. If the mosquitoes are not dry, do NOT seal the container tightly as they may become moldy and make identification difficult. Send samples with a filled-out Mosquito Specimen Identification Form to:

Illinois Department of Public Health Peoria Regional Office Attn: Insect Identification 5415 North University Peoria, IL. 61614

Images of Aedes albopictus, Aedes aegypti, and other adult mosquitoes may be found in a manual maintained by the University of Florida <a href="http://fmel.ifas.ufl.edu/key/">http://fmel.ifas.ufl.edu/key/</a>. If field staff observes suspected Aedes aegypti or Aedes albopictus attempting to bite, staff can collect the mosquitoes with a small hand net, remove them using a power aspirator, and freeze the samples to kill the mosquitoes so they can then be sent for identification. Aedes aegypti and Aedes albopictus are relatively small, dark-colored daytime-biting mosquitoes that often land on the lower legs while attempting to feed. A summary Aedes albopictus'

biology may be found at <a href="http://www.dph.illinois.gov/topics-services/environmental-health-protection/structural-pest-control/asian-tiger-mosquito">http://www.dph.illinois.gov/topics-services/environmental-health-protection/structural-pest-control/asian-tiger-mosquito</a>.

### Mosquito Source Reduction

Source reduction is the removal of mosquito breeding habitats and is a local government activity. LHDs should provide mosquito prevention information to local government authorities and assist in responding to identified breeding grounds, such as unkempt swimming pools. These activities can be partially funded through the Vector Control grants to LHDs.

Removing larval habitats will reduce mosquito densities. Remove discarded, unused, and unmaintained containers through community involvement programs or by vector control personnel. Containers are ideal larval habitats, particularly discarded used tires. But these mosquitoes can develop in a vast variety of water-holding containers such as plant drip pans, clogged gutters, garden pools, etc. However, the primary focus should be on larger containers that can produce more mosquitoes.

IDPH continues to work with the Illinois Environmental Protection Agency (IEPA) on an initiative to remove used tires from locations across Illinois. The two agencies have divided the state into three priority zones for used tire removal. The zones are based on where Illinois would potentially experience Zika virus, such as southern counties that typically have hotter weather. Zone 1 is the highest priority area and is defined by a straight eastwest line going through Effingham and areas south of that line. Zone 2 is the next highest priority area and is defined by a straight eastwest line through Peoria south to the Effingham line. Zone 3 is the third highest priority area and is defined by the straight eastwest line through Peoria north to the Wisconsin border.

Illinois EPA is identifying and initiating used tire removal actions for units of local government beginning in Zone 1. Illinois EPA will collect, transport, and properly dispose of used tires from public and abandoned properties. Additional activities planned by the Illinois EPA include close monitoring of regulated used tire sites located in Zone 1 and using larvicide to actively treat and mitigate known sources of improperly managed used tires.

In addition, the Illinois EPA and IDPH entered into an Intergovernmental Agreement to allocate \$750,000 from the Used Tire Management Fund. This funding has enabled IDPH to enhance statewide mosquito control activities related to Zika virus, and other mosquito-borne diseases through activities associated with the improper storage, handling, and disposal of tires.

In the instance of local transmission, larval surveillance can help identify containers where *Aedes* and other container-breeding mosquitoes are breeding. This will require ground inspection. Inspection by helicopter can locate unkempt or "green" swimming pools and

accumulations of discarded tires. Inspections for larval production sites, such as old tires, should be conducted on residences or property within at least 1,000 to 1,300 feet from the home of a resident with locally acquired Zika virus.

# **Mosquito Larval Control**

Larviciding is primarily a local government responsibility supported by LHDs in some jurisdictions. When source reduction is not feasible, biological or chemical larvicides should be applied to potential larval habitats. Source reduction and larval control of *Aedes albopictus* in containers has the added benefit of reducing other container-breeding mosquitoes.

NOTE: Larval control can be expensive and time consuming, and personnel who do mosquito control applications on the property of others must be licensed and/or certified by the Illinois Department of Agriculture. Contact the Illinois Environmental Protection Agency about accumulations of discarded tires or those outside tire and auto repair shops.

# **Adult Mosquito Control**

Application of mosquito adulticides is generally warranted only in potential outbreak situations in possible or confirmed Zika Transmission Area(s). These control activities are primarily the responsibility of local government entities and IDPH does not have the ability to apply or manage the application of adulticides. As mentioned, the Illinois Department of Agriculture regulates mosquito control companies, which can be found by searching <a href="https://www.agr.state.il.us/Environment/Pesticide/aplicatorsearch.php">https://www.agr.state.il.us/Environment/Pesticide/aplicatorsearch.php</a>.

Aedes albopictus are most active during the day and are not effectively controlled by standard truck-mounted ultra-low volume (ULV) applications that are typically performed at night. Early morning or late evening ULV applications can be done against this species. Because Aedes albopictus hide in dense vegetation, treatment of individual properties using backpack spray units is likely to give the most effective adult mosquito control. A minimum response would be adulticiding the affected residence and adjacent backyards, particularly areas of dense vegetation. A more robust response would be adulticiding the yards of residences 1,000 to 1,300 feet from the home of a resident with locally acquired Zika virus. ULV or barrier applications to homes (around windows, doors, etc.) of residents with locally acquired Zika virus, or Zika Virus Transmission Areas, can be done to further reduce the likelihood of vectors feeding on people infected with Zika virus.

LHDs, with IDPH assistance, will conduct mitigation activities to reduce the likelihood of Zika virus transmission. Information regarding mosquito breeding sites and habitat were provided to all LHDs prior to the mosquito season, and this information has been disseminated to the public through media, social media, and other alerts. Additional

mosquito surveillance activities are being proposed to further identify *Aedes albopictus* prevalence in the state and its potential as a Zika virus vector. These include conducting targeted *Aedes* surveillance or reporting the identification of the *Aedes* species collected during West Nile Virus mosquito surveillance. Should Zika virus cases and local transmission occur, IDPH will assess capabilities for emergency disease surveillance and mosquito management in all areas of the state to help ensure adequate emergency response.

# Risk and Safety of Mosquito Control Pesticides

All insecticides used in the U.S. for public health use have been approved and registered by the Environmental Protection Agency (EPA). The EPA has assessed these chemicals and found that, when used according to label directions, they do not pose unreasonable risk to public health and the environment. Instructions provided on the product labels prescribe the required application and use parameters, and must be strictly followed. Pesticide use should be restricted to trained and licensed technicians, according to state, tribal, or local legal requirements. Research has demonstrated that ULV application of mosquito control adulticides did not produce detectable exposure or increases in asthma events in persons living in treated areas. Additional information about mosquito control may be found on the EPA website at <a href="https://www.epa.gov/mosquitocontrol">https://www.epa.gov/mosquitocontrol</a>.

# Mosquito Breeding Habitats on Private Property

Individually owned private properties may be major sources of mosquito production. Examples include accumulations of discarded tires or trash, or neglected swimming pools or bird baths that become stagnant and produce mosquitoes. Local public health statutes or public nuisance regulations may be employed to gain access for surveillance and control, or to require the property owner to mitigate the problem. Proactive communication with residents and public education programs may alleviate the need to use legal actions. However, legal efforts may be required to eliminate persistent mosquito production sites.

The Vector Control Act (410 ILCS 95/) gives IDPH, or designated local health departments, the authority to take necessary steps to eliminate vector hazards. The Vector Control Act can be found at: http://www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1537&ChapterID=35.

# **Local Transmission**

Limited local confirmed transmission is defined as a single, locally acquired case, or cases clustered in a single household or nearby houses. Local transmission of the virus from a person infected while traveling is possible during the summer. A person who becomes infected, while traveling outside Illinois, and then returns to Illinois while the virus is still circulating in their blood, could be bitten by *Aedes aeqypti* or *Aedes albopictus* mosquito. That mosquito could then bite a second person and transmit the virus.

In the emergency preparedness and response chart, this would be phases two and three.

Should limited local confirmed transmission occur in Illinois, IDPH will request assistance from CDC, including the support of the CDC's Emergency Response Team (CERT). IDPH will conduct weekly, or more frequent, Zika Virus Incident Management meetings and consider activation of the Public Health Emergency Operations Center (PHEOC).

Also in the unlikely event of local transmission, IDPH will set up disease surveillance centers around the state and will begin conducting mosquito laboratory testing.

# **Human Disease Surveillance**

If an individual tests positive for Zika virus and did not travel to an area with Zika virus, and has not had unprotected sexual contact with someone who traveled to an area with Zika virus, CDCS would ask about exposures to mosquitoes within Illinois or the U.S. (as well as receipt of blood transfusions/organs). During the summer months in Illinois, IDPH is asking all individuals who have laboratory confirmed Zika virus to wear insect repellant and reduce their outdoor exposure to minimize the possibility of mosquitoes acquiring the virus. CDCS would then provide this information to IDPH environmental health staff and emergency response coordinators to work with the local health department to visit the locations where the individual had exposure to mosquitoes. Staff would check for *Aedes aegypti* and *Aedes albopictus* and perform any necessary mosquito control measures. CDCS would monitor for other illnesses/suspected Zika virus cases in that area.

# **Mosquito Control**

Because *Aedes aegypti* have rarely been detected in Illinois, efforts will focus on the habitat of *Aedes albopictus* mosquitoes in coordination with LHDs, MADs, and other municipal mosquito control programs. IDPH environmental health staff and emergency response coordinators will work with LHD environmental health staff and emergency response

coordinators.

If the traveler infected with Zika virus does not spend time outdoors while the virus is still circulating in their blood, it is very unlikely local mosquitoes will be infected. Therefore, environmental health staff response will be limited to the inspection of local residence properties for water-filled containers and distribution of door hangers recommending the use of insect repellent.

# **Widespread Transmission**

Widespread transmission of Zika virus in Illinois is very unlikely unless a new mosquito vector, regularly present in Illinois, is identified. In the emergency preparedness and response chart, found on page four, this would be phases four and five.

# **Human Disease Surveillance**

CDCS will continue to collect information about suspect cases, where they have been, and what symptoms they have. CDCS will ask blood donation and organ donor questions to make sure individuals who may have Zika virus do not donate while the virus is still circulating in their blood. CDCS will work with the IDPH laboratory to monitor the capacity for testing specimens and make recommendations as to who should be tested based on that capacity.

# **Mosquito Control**

In the event of widespread transmission, IDPH will activate cooperative ventures with MADs and other county or municipal mosquito control programs, licensed pest control companies, and other providers, to expand larviciding and adulticiding mosquito control efforts in Zika Virus Transmission Areas in greatest need.

The PHEOC and State Emergency Operations Center may be activated to coordinate Zika virus response efforts and resource with other State agencies.

# **Blood Safety**

The American Red Cross has been involved in Zika Virus Planning meetings with the American Association of Blood Banks (AABB) Disaster Task Force, which includes America's Blood Centers, Blood Centers of America, and the Armed Services Blood Program Office, to ensure that all Department of Health and Human Service, Centers for Disease Control, and Food and Drug Administration guidance, policies, and information are clearly communicated with the various blood centers in the U.S.

The Food and Drug Administration (FDA) has issued recommendations for blood screening, donor screening, donor deferral, and product management to reduce the risk for transfusion-transmitted Zika virus in the United States and its territories. The most up-to-date guidance from the FDA can be found at

http://www.fda.gov/%20EmergencyPreparedness/Counterterrorism/MedicalCountermeasures/MCMIssues/ucm485199.htm.

In the event of local or widespread Zika virus transmission in Illinois, the AABB Disaster Task Force will coordinate the provision of blood and blood products and share state and federal guidance with the American Red Cross, America's Blood Centers, and Blood Centers of America. IDPH meets monthly with State emergency response partners, including the American Red Cross at the Illinois Emergency Management Agency. Information is shared among partners and assistance provided during emergency response events. If there is a lack of blood donors because of possible exposure, the American Red Cross will provide blood from non-affected regions of the country.

IDPH maintains an up-to-date listserv of all FDA-registered blood centers and local health departments and hospitals in the state and will continue to communicate with all of them including blood centers to ensure situational awareness of all and the receipt by blood centers of available guidance from the AABB Disaster Task Force, HHS, FDA, and CDC. Backup communications between IDPH, hospitals, and blood centers are available through Illinois' Starcom21 Public Safety radio network. Blood centers identifying a donor who is positive for Zika virus should follow the standard protocol for reporting diseases to IDPH.

# **Communications**

IDPH stands ready to help protect the health and safety of Illinois citizens. We can help calm public fears by communicating credible information and by promoting appropriate health actions.

Appropriate and timely communication allows IDPH to work effectively with our partners, engender public trust in our scientifically based health recommendations, and perform our public health mission. Through our Regional Health Officers, IDPH identifies and leverages new and existing relationships, service providers, and formal and informal support networks (e.g. faith-based institutions, civic groups, etc) to reach the targeted populations.

IDPH will provide the latest information and recommendations about Zika virus through several media platforms.

- News releases and media interviews Monitor media, issue news releases, and conduct interview about mosquito control, and local, or widespread transmission of Zika virus in Illinois. News releases are translated into Spanish and media interviews have been conducted in Spanish, as well.
- Website Link rotator graphic on IDPH website home page to Zika virus page.
   Include case count updates. Link to Centers for Disease Control and Prevention (CDC) microsite for more information.
- Post IDPH Zika virus presentations on website. Presentations cover or reference CDC's most current guidelines and list actions being implemented by IDPH to monitor Zika virus activity in Illinois.
- Social media Make regular Facebook postings and tweets (and reposts/retweets of CDC information and advisories). Infographics. <a href="http://www.cdc.gov/zika/fs-posters/index.html">http://www.cdc.gov/zika/fs-posters/index.html</a> - posters - prevention, travel, pregnancy. Link to CDC microsite on IDPH website for more information.
- Zika virus FAQ To use in the event a Zika Virus Hotline is needed.
- Campaign e.g., fact sheets, billboards, posters, flyers, etc. Items have been translated and are available in Spanish and French Creole. Items are made available to service providers of the targeted population.
- Public Service Announcements

Messaging targeted toward the general public, pregnant women, travelers, and health care providers, as well as messaging about Guillain-Barré Syndrome and sexual transmission, can be found in Appendix A.

# **Appendix A - Sample Messaging**

For the most current messaging, log onto the CDC Zika Virus homepage at <a href="http://www.cdc.gov/zika/index.html">http://www.cdc.gov/zika/index.html</a> for Information for Specific Groups.

**Targeted Messaging** 

**General Public** 

**Pregnant Women** 

**Pregnant Women with Confirmed Zika** 

**Travelers** 

**Health Care Providers** 

**Supplemental Messaging** 

**Guillain-Barré Syndrome** 

**Sexual Transmission** 

# **For General Public**

#### Transmission:

Zika virus is spread to people primarily through the bite of an infected *Aedes aegypti* species mosquito, which is very rarely found in Illinois (*Aedes aegypti* cannot survive freezing temperatures). Another possible Zika virus carrier mosquito species is *Aedes albopictus*, which is found primarily in the southern two-thirds of Illinois (*Aedes albopictus* can survive freezing temperatures). However, *Aedes albopictus* is less effective as a vector of Zika virus than *Aedes aegypti*. Both *Aedes aegypti* and *Aedes albopictus* breed in water-filled "artificial containers" like buckets, old tires, plant drip pans and uncovered rain barrels that are often found around buildings. They do not breed in ditches or flooded areas like many other species of mosquitoes.

Zika virus is NOT spread through coughing or sneezing.

At this time, local transmission of Zika virus in the United States has occurred only in southeastern Florida and Texasand is ongoing in U.S. territories and affiliated Pacific Island countries. Travel-associated cases and cases of sexual transmission have been reported in travelers returning to the United States.

Although mosquito bites are the main way that Zika virus is spread, Zika virus can be passed from a pregnant woman to her fetus during pregnancy or at delivery. Zika virus can also spread during sex (oral, vaginal, or anal)from an infected person and his or her sex partner(s). Infection before or during pregnancy may negatively affect the fetus. For more information, visit the section "For Pregnant Women."

#### Symptoms:

The most common symptoms of Zika virus are:

- Fever
- Rash
- Joint pain
- Conjunctivitis (red eyes)

The illness is usually mild with symptoms lasting for several days to a week after being bitten by an infected mosquito. People usually do not get sick enough to go to the hospital and they very rarely die of Zika virus. Most people infected with Zika virus won't even know they have the disease because they won't have symptoms.

#### Prevention:

#### Mosquito Exposure Prevention

The best way to prevent diseases spread by mosquitoes is to protect yourself and your family from mosquito bites.

- Wear long-sleeved shirts and long pants.
- Stay in places with air conditioning or that use window and door screens to keep mosquitoes outside.
- Sleep under a mosquito bed net if you are overseas or outside and are not able to protect yourself from mosquito bites.
- Use <u>Environmental Protection Agency (EPA)-registered</u> insect repellents. When used as directed, EPA-registered insect repellents are proven safe and effective, even for

pregnant and breast-feeding women.

- Always follow the product label instructions.
- Reapply insect repellent as directed.
- ° Do not spray repellent on the skin under clothing.
- If you are also using sunscreen, apply sunscreen before applying insect repellent.
- If you have a baby or child:
  - Do not use insect repellent on babies younger than two months of age.
  - Dress your child in clothing that covers arms and legs.
  - ° Cover crib, stroller, and baby carrier with mosquito netting.
  - Do not apply insect repellent onto a child's hands, eyes, mouth, and cut or irritated skin.
  - Adults: Spray insect repellent onto your hands and then apply to a child's face.
- Treat clothing and gear with permethrin or purchase permethrin-treated items.
  - Treated clothing remains protective after multiple washings. See product information to learn how long the protection will last.
  - If treating items yourself, follow the product instructions carefully.
  - Do NOT use permethrin products directly on skin. They are intended to treat clothing.

#### Sexual Transmission Prevention

Sexual partners should either abstain from having vaginal, anal, and oral (mouth-to-penis) sex for couples with a partner who might have Zika virus or use condoms the right way every time they have vaginal, anal, and oral sex.

A person with Zika virus can pass it to his/her sex partners if he has sex (vaginal, anal, or oral) without a condom. We do not know how long Zika can persist in semen. A person who lives in or travels to an area with Zika virus should either not have sex or use condoms or other barrier methods (female and male condoms, dental dams) the right way every time he/she has vaginal, anal, and oral sex (mouth-to-penis), especially with a woman who is pregnant.

There is one documented case of female-to-male sexual transmission of Zika virus infection. All previously reported cases of sexually transmitted Zika virus infection have been spread from men to their sex partners. CDC recommends that all pregnant women who have a sex partner who has traveled to or resides in an area with Zika virus use barrier methods every time they have sex or they should not have sex during the pregnancy. Although no cases of woman-to-woman Zika virus transmission have been reported, these recommendations also apply to female sex partners of pregnant women.

CDC has updated <u>recommendations</u> for sexually active people in which the couple is not pregnant or concerned about pregnancy and for people who want to reduce personal risk of Zika infection through sex.

#### **Treatment:**

There is no vaccine to prevent or specific medicine to treat Zika virus.

See your doctor if you develop symptoms (fever, rash, joint pain, red eyes) and you live in or have recently traveled to an area with Zika virus and let them know where you have traveled.

A blood test is the only way to confirm a Zika virus infection. Your doctor may order blood tests to look for Zika virus or other similar viral diseases like dengue or chikungunya.

Some travelers become infected while traveling abroad but do not get sick until they return home. Be aware of any illness or symptoms during your trip or after you return home. Tell your health care provider where you have traveled and when you were there.

When returning to Illinois or coming from an area with ongoing Zika virus transmission, take the following steps:

- Watch for symptoms and call your health care provider if you develop fever, rash, joint pain, red eyes.
- To help prevent others from getting sick, avoid mosquito bites and use insect repellent for three weeks after travel.
- Use condoms when you have sex.

# **For Pregnant Women**

Zika virus can pass from a pregnant woman to her fetus during pregnancy or during birth, although we do not yet know how often this occurs.

Zika virus has been linked to birth defects, including microcephaly, a severe birth defect that is a sign of incomplete brain development. Microcephaly is a condition where a baby's head is much smaller than expected. The CDC continues to study the link between Zika virus and microcephaly. Microcephaly Fact Sheet

Adverse consequences could occur at any time during the pregnancy so it is important that women take precautions during all trimesters.

To date, there are no reports of babies getting Zika virus through breastfeeding. Because of the benefits of breastfeeding, mothers are encouraged to breastfeed even in areas where Zika virus is found.

There is no evidence to suggest that pregnant women are more susceptible to Zika virus or experience more severe symptoms of the disease during pregnancy compared to the general population.

#### **How to Protect Yourself:**

- 1. Avoid travel to an areas with ongoing Zika virus transmission
  - If you are pregnant, CDC currently recommends you delay travel to any <u>area where Zika virus</u> is spreading.
  - If you must travel to one of these areas, talk to your health care provider first and strictly follow steps to prevent mosquito bites during your trip.
- 2. Take steps to prevent mosquito bites.
  - Wear long-sleeved shirts and long pants.
  - Stay in places with air conditioning or that use window and door screens to keep mosquitoes outside.

- Use <u>Environmental Protection Agency (EPA)-registered insect repellents</u>. When used as directed, these insect repellents are proven safe and effective even for pregnant and breastfeeding women.
- Remove or stay away from mosquito breeding sites, like containers with standing water.
- Dump any small standing water sources near residences and treat larger standing water bodies with appropriate larvicides.

#### 3. Take steps to prevent getting Zika through sex

- Until more is known, pregnant women with sex partners who have lived in or traveled to an area with Zika virus should either <u>use condoms the right way, every time</u>, for vaginal, anal, or oral (mouth-to-penis) sex or not have sex during the pregnancy.
- If a pregnant woman is concerned her male partner may have or had Zika virus infection, she should talk to her health care provider. She should tell her health care provider about her partner's travel history, including how long he/she stayed, whether or not he took steps to prevent getting mosquito bites, and if she had sex with him/her without a condom since his/her return.
- Women trying to get pregnant and their male partners should talk to their health care
  provider before traveling to <u>areas with Zika</u> virus. Because sexual transmission is
  possible, both men and women should strictly follow steps to <u>prevent mosquito</u>
  <u>bites</u> during the trip.

#### 4. See a health care provider

- Pregnant women who have recently traveled to an area with Zika virus should talk to a
  health care provider about their travel even if they don't feel sick.
- It is especially important that pregnant women see a doctor if they develop a fever, rash, joint pain, or red eyes during their trip or within two weeks after traveling to an area where Zika virus has been reported. They should tell the doctor where they traveled.
- CDC has <u>guidance</u> to help doctors decide what tests are needed for pregnant women who may have been exposed to Zika virus.

# For Pregnant Women With Confirmed Zika Virus

- Your health care provider may order extra ultrasound tests to check your developing baby's growth.
- Ultrasounds can show some, but not all, problems with development during pregnancy.
   Microcephaly can sometimes be seen on the 18-20 week ultrasound, but is more commonly detected later in the second trimester or early in the third trimester.
- Your health care provider may offer you an amniocentesis between 15 -18 weeks of pregnancy. Amniocentesis is a test where the doctor collects a small amount of amniotic fluid from the area surrounding the developing baby. The fluid is then tested to look for Zika genetic material, called RNA.
- Your health care provider might order testing to see if you've been infected with Zika virus.
   Microcephaly can be caused by other exposures, such as certain infections or harmful substances (e.g., alcohol).
- Your health care provider may refer you to a doctor who specializes in high-risk pregnancies for close monitoring and care during pregnancy.

# **For Travelers**

Areas where Zika virus transmission is ongoing often change overtime. Travelers should visit

CDC's <u>Zika Travel Information page</u> for the most up-to-date information about travel recommendations.

When traveling to countries where Zika virus or other viruses spread by mosquitoes are found, take the following steps:

- Wear long-sleeved shirts and long pants.
- Stay in places with air conditioning or that use window and door screens to keep mosquitoes outside.
- Sleep under a mosquito bed net if you are overseas or outside and are not able to protect yourself from mosquito bites.
- Use <u>Environmental Protection Agency (EPA)-registered</u> insect repellents. When used as directed, EPA-registered insect repellents are proven safe and effective, even for pregnant and breast-feeding women.
  - Always follow the product label instructions.
  - Reapply insect repellent as directed.
  - Do not spray repellent on the skin under clothing.
  - ° If you are also using sunscreen, apply sunscreen before applying insect repellent.
- If you have a baby or child:
  - Do not use insect repellent on babies younger than two months of age.
  - Dress your child in clothing that covers arms and legs.
  - ° Cover crib, stroller, and baby carrier with mosquito netting.
  - Do not apply insect repellent onto a child's hands, eyes, mouth, and cut or irritated skin.
  - Adults: Spray insect repellent onto your hands and then apply to a child's face.
- Treat clothing and gear with permethrin or purchase permethrin-treated items.
  - Treated clothing remains protective after multiple washings. See product information to learn how long the protection will last.
  - ° If treating items yourself, follow the product instructions carefully.
  - ° Do NOT use permethrin products directly on skin. They are intended to treat clothing.

Some travelers become infected while traveling abroad but do not get sick until they return home. Be aware of any illness or symptoms during your trip or after you return home. Tell your health care provider where you have traveled and when you were there.

When returning to Illinois or coming from an area with ongoing Zika virus transmission, take the following steps:

- Watch for symptoms and call your health care provider if you develop fever, rash, joint pain, red eyes.
- To help prevent others from getting sick, avoid mosquito bites and use insect repellent for three weeks after travel.
- Use condoms when you have sex.

# **For Health Care Providers**

About 1 in 5 people infected with Zika virus become symptomatic. Characteristic clinical findings are acute onset of fever with maculopapular rash, arthralgia, or conjunctivitis. Other commonly reported symptoms include myalgia and headache. Clinical illness is usually mild with symptoms lasting for several days to a week. Severe disease requiring hospitalization is uncommon and case fatality is low. However, there have been cases of Guillain-Barre

syndrome reported in patients following suspected Zika virus infection.

Based on the typical clinical features, the differential diagnosis for Zika virus infection is broad. In addition to dengue, other considerations include leptospirosis, malaria, rickettsia, group A streptococcus, rubella, measles, and parvovirus, enterovirus, adenovirus, and alphavirus infections (e.g., Chikungunya, Mayaro, Ross River, Barmah Forest, O'nyong-nyong, and Sindbis viruses).

Preliminary diagnosis is based on the patient's clinical features, places and dates of travel, and activities. Laboratory diagnosis is generally accomplished by testing serum or plasma to detect virus, viral nucleic acid, or virus-specific immunoglobulin M and neutralizing antibodies.

The Illinois Department of Public Health (IDPH) Division of Laboratories has implemented both a Zika Virus Real-Time – Polymerase Chain Reaction (RT-PCR) CDC Assay to detect viral RNA in acute specimens and a Zika MAC ELISA serology test to detect IgM in serum collected ≥4 days after illness onset.

Zika virus is a national notifiable condition. Hospitals and health care providers in Illinois should contact their <u>local health department (LHD)</u> to discuss testing. LHDs will provide authorization for appropriate testing. Specimens that are not authorized will not be sent to CDC for testing.

Test results from specimens sent to CDC have been very delayed recently due to the large number of requests for testing. Currently, it takes around 6-8 weeks to receive results from CDC after they receive the specimen.

There is no specific antiviral treatment for Zika virus disease. Treatment is generally supportive and can include rest, fluids, and use of analgesics and antipyretics. Because of similar geographic distribution and symptoms, patients with suspected Zika virus infections also should be evaluated and managed for possible dengue and chikungunya virus infection. Aspirin and other non-steroidal anti-inflammatory drugs (NSAIDs) should be avoided until dengue can be ruled out to reduce the risk of hemorrhage. People infected with Zika, chikungunya, or dengue virus should take precautions to prevent further mosquito exposure during the first few days of illness to prevent other mosquitoes from becoming infected and infecting other people locally.

Additional information for health care providers can be found on the CDC website at <a href="http://www.cdc.gov/zika/hc-providers/index.html">http://www.cdc.gov/zika/hc-providers/index.html</a>.

Instructions for the Collection and Submission of Fetal Tissues for Zika Virus Testing Collection and Submission of Body Fluids for Zika Virus Testing

# **Guillain-Barré Syndrome**

The Brazil Ministry of Health has reported an increased number of people who have been infected with Zika virus who also have Guillain-Barré syndrome (GBS). CDC is working with Brazil to study the possibility of a link between Zika virus and GBS.

GBS is an uncommon sickness of the nervous system in which a person's own immune system damages the nerve cells, causing muscle weakness, and sometimes, paralysis.

# Appendix B – Illinois Perinatal Advisory Committee Zika Task Force Recommendations

On June 9, the Zika Task Force, a subset of members of the Perinatal Advisory Committee reviewed a draft of the Zika Virus Action Plan and made a number of suggestions, most of which have been included in the current version of the plan.

#### Consensus feedback/recommendations:

- Agreed with premise that most cases in IL will be travel-related or sexually transmitted unless change in vector dynamics.
- Cost/benefit utility of a dedicated Zika virus telephone hotline for public/providers is minimal unless Zika virus prevalence increases dramatically.
- There is significant need for local coordination of authorized Zika virus testing between providers, LHDs, and IDPH lab. This will reduce turn-around time compared to sending specimens directly to CDC.
- All acute, convalescent, and placental Zika virus testing in the public arena will flow through IDPH labs (only fresh placentas will be forwarded to CDC). All public testing will need to be authorized by each LHD before any Zika virus testing is performed.
- Availability of private testing by Quest (acute PCR only) complicates the current public health testing scheme with positive results being reported to IDPH. However, reporting of negative results and pertinent case information to LHDs/IDPH via Quest remains poorly defined at present; otherwise inadequate testing may result in undetected cases. Hence, a direct liaison relationship between Quest labs and IDPH needs to be established.
- IDPH plans to avoid duplication in the distribution of Zika virus education materials and recommended protocol from CDC, ACOG, and APA. However, all providers must be aware of these resources regardless of practice type. Therefore, the educational activities within our Perinatal Networks should include: introductory Zika virus education, an initial roll out of the plan, and dissemination of available national resources.
- Identification of local Zika virus champions (similar to ILSQC projects) can improve communications and testing implementation at the community level. These individuals could also help to streamline necessary interactions with LHDs for testing authorization and subsequent follow-up action on positive results.
- An opportunity exists to improve/expand communications between women's health providers and their designated LHDs.
- There is an opening to promote long-term contraception in the prevention of Zika virus transmission via local education schemes at the Perinatal Network level

# Appendix C – Quick Reference Guide

Response Stage	Definition	Anticipated Activities and Responses
PRE-INCIDENT – Level: 0	Pre-Season Preparedness - Travel-associated human cases possible; fall and winter weather conditions not suitable for mosquito-borne Zika virus transmission.	Response Actions: Conduct review of latest CDC guidelines and compare with data in existing response plans. Secure vector traps, outreach material, and other supplies, needed for upcoming season. Meet with primary stakeholders as needed, contact LHD, and MAD to assess resources and capability. Identify gaps in current plan and revise if needed, ensure distribution of latest guidance and ZVAP to all relevant stakeholders, along with updated contact roster. Develop relevant training exercises and material. Appoint Zika Virus Working Group and designate a Zika Virus Incident Commander.  Human Disease Surveillance: Develop method for conducting surveillance activities, focusing on possible travel associated cases. Develop focused outreach literature for healthcare providers, and other partners. Contact LHD and clinicians to provide guidance on reporting procedures and policies for specimens. Prepare to investigate, report, and respond to travel related cases as needed.  Human Lab Testing: Ensure resources adequate to task. Review policies and regulations.  Mosquito Surveillance and Control: Position specimen traps as needed. Refer to ZVAP for current trap guidance. Contact traps operators to verify understanding of proper procedures. Review Vector Control Grant and Used Tire Management Fund with stakeholders. Work with IEPA, LHD, and local government to identify potential high-risk mosquito breeding areas.  Communications: Prepare news releases and other media aimed at Zika virus public education, modes of transmission, mosquito control, and protective actions. Update website and post rotator graphic with web-links. Post updates and other material as needed to website to showcase Zika virus response activities. Distribute Outreach literature as needed to travelers, pregnant women, and other at risk individuals.
		Page

#### PRE-INCIDENT – Level: 1

Mosquito Surveillance and Control -Spring and summer seasonal Aedes albopictus mosquito biting activity occurring. Viremic travel-associated cases occurring, possibly infecting vector mosquitoes. **Vector mosquito** surveillance activities being conducted if appropriate. Survey for the presence of invasive Aedes aegypti conducted.

#### **Blood Safety:**

 Contact relevant stakeholders and review contingency plans and procedures.

The response shall consist of all previously described activities, in Level 0, in addition to the following:

#### Response Actions:

- Begin weekly Zika Virus Working Group activities and conduct meetings with stakeholders as needed.
- Zika Virus Incident Commander to designate an Incident Management Team from among members of the Work Group.
- Investigate, report, and respond to cases as needed.

#### Human Disease Surveillance:

- Investigate, report, and respond to requests from LHD, clinicians, and other partners.
- Distribute information to clinicians and patients while lab testing is occurring.
- Enroll pregnant females who test positive in CDC registry for case follow-up.
- Encourage those who test positive to avoid further exposure to vectors for at least three weeks, to practice safe sex for at least six months, and to refrain from blood donation as per FDA guidelines.
- Follow up with CDC and health departments in state/nation of origin for travel-associated cases.
- Encourage LHD to make contact with any at-risk individuals within existing high-risk areas.

#### Human Lab Testing:

- Begin testing per ZVAP and department guidelines.
- IDPH laboratories capable of performing up to 50 PCR and 40 serology tests per day.
- Program authorization required for tests and obtained via authorization number on submission form.

#### **Mosquito Surveillance and Control:**

- Begin activities using previously placed traps. Determine need for additional traps.
- Begin surveillance of area near the location of a travelassociated case.
- Contact stakeholders to begin abatement measures near the home of the travel-associated case.
- Utilize data gained to determine need to refine or adapt vector abatement and control measures.

#### **Communications:**

- Begin public service campaign and oversee distribution of outreach materials.
- Update IDPH website and social media as necessary.
- Handle media requests as needed.
- Develop plans to establish a Zika virus Information Hotline, in the event local transmission occurs.
- Develop press releases and other media, in the event of local transmission [mosquito-to-human].

#### SUSPECTED OR CONFIRMED INCIDENT-LEVEL: 2

Local Confirmed
Transmission –
A single, locally-acquired
case, or small number of
cases clustered in a single
household or
neighborhood.

The response shall consist of all previously described activities, in Level 1, in addition to the following:

#### **Response Actions:**

- Incident Commander to consider need of activating the PHEOC.
- Consider need for IEMA or other agency liaisons.
- Zika virus Working Group/IMT to consider daily information sharing / briefings.
- Incident Commander to consider expanding Working Group or Incident Management Team.
- Working Group to consider daily information sharing with CDC and local officials in the at-risk area.
- Brief agency and elected officials as needed.

#### **Human Disease Surveillance:**

- Assess likely geographic area where exposure took place.
- Survey residents and others in area, out to 1,500 feet radius, conducting a complete patient history.
- Establish habits and travel patterns of those inside the impact area.
- Gather data to determine need to expand survey area, or start new area at patient home/workplace.
- Begin regular liaison with IEPA and vector surveillance and control teams.
- Communicate pertinent data rapidly and keep IEPA and vector control teams informed of locations.

#### **Human Lab Testing:**

- Communicate test results rapidly to stakeholders, per department guidelines.
- Expect influx of specimens from people in affected area, assign additional personnel as needed.
- Communicate with CDC and others in the event that IDPH lab resources may be stretched in future.

#### Mosquito Surveillance and Control:

- Begin aggressive surveillance within 1,500 feet of a suspected or confirmed case.
- Communicate with survey team to determine need to expand area or establish a second area at another location, such as the home, or workplace of the case individual.
- Begin intense abatement and control measures in area, in cooperation with LHD, MAD, IEPA, et al.
- Consider need to begin mosquito identification via Peoria Regional Office.
- Detection of a local population of Aedes aegypti in Illinois should trigger next higher response level.

#### **Communications:**

- Intensify public information campaign, especially in areas near the index case.
- Consider need for a local spokesperson, identify and brief that candidate.
- Consider news conference involving IDPH Director, local elected officials, and possibly the Governor.
- Consider development of outreach material for local school officials and childcare facilities.
- Consider need to informing local residents of options for indoor fogging applications.

#### RESPONSE TO LOCAL INCIDENT – LEVEL: 3

Widespread Local Transmission – Localized Zika virus illnesses with onsets occurring within a 1 mile radius, and within one jurisdiction.  Consider developing outreach material for local first responders (police, fire, EMS).

The response shall consist of all previously described activities, in Level 2, in addition to the following:

#### **Response Actions:**

- Incident Commander will activate the PHEOC.
- Incident Commander will make contact with the local jurisdictional EOC if one is activated.
- Incident Commander will consider requesting a support team from CDC.
- Incident Commander will contact CDC at: (770-488-7100) and designate the impacted jurisdiction as being an "Active Area for Zika Virus Transmission".

#### **Human Disease Surveillance:**

- Intensify surveillance on a county-wide basis.
- Consider networking with local clinicians, hospitals, EMS, and community groups.
- Consider door-to-door surveys in the impacted jurisdiction.

#### **Mosquito Surveillance and Control:**

- Intensify surveillance, abatement, and control on a countywide basis of both larvae and adult vectors.
- Consider drone or helicopter overflights to help identify potential breeding sites such as unmaintained swimming pools, abandoned buildings or vehicles, piles of tires, trash, pockets of dense vegetation, or other likely breeding sites.
- Consider targeted application using vehicular or backpack sprayers in the event that identified breeding sites cannot be cleaned or disposed of.
- Consider involvement of local law enforcement for enforcement of Vector Control Act (410 ILCS 95).
- Consider working with stakeholders to distribute insect repellant and other supplies, such as mosquito netting, to economically disadvantaged and at-risk populations.
- Begin mosquito identification, via the IDPH Peoria Regional Office, if not already begun.

#### **Communications:**

- Conduct press conference utilizing previously mentioned officials if not already done.
- Determine need to activate the Zika Virus Info Hotline.
- Consider distribution of previously mentioned outreach material.
- Begin to monitor local media outlets and social media if not already done.
- Consider issuing Travel Advisory for the area after consultation with CDC, Director, and Governor.

#### **Blood Safety:**

- Consideration will be given to suspending blood and plasma collection operations in the affected area, after consulting with stakeholders.
- In the event of a shortage, the American Red Cross will coordinate delivery of blood and blood products from nonaffected parts of the country.

#### RESPONSE TO MULTI-JURISDICTION INCIDENT- LEVEL: 4

\*Due to the nature of the current Aedes vectors, it is possible, but considered unlikely that a LEVEL 4 response will be needed in Illinois. Widespread Multijurisdictional Transmission – Zika virus illnesses occurring in more than 1 jurisdictional area.\* The response shall consist of all previously described activities, in Level 3, in addition to the following:

#### **Response Actions:**

- State EOC may activate alongside the PHEOC.
- A Response Team will be requested from the CDC by the Incident Commander if not already done.
- Incident Commander will order regular press conferences to update the public.
- Incident Commander to consult with Governor, IDPH Director, CDC and others.

#### **Human Disease Surveillance:**

- Intensify efforts on regional basis.
- Consider when to recommend testing begin of asymptomatic pregnant women in high risk areas.
- CDCS will work with IDPH lab to make recommendations regarding test specimens based on IDPH lab capacity.

#### Human Lab Testing:

- It is expected the IDPH Lab will be inundated with test samples, forcing a selection process to be implemented regarding the order in which tests are run. Work with CDCS on this process.
- Activate cooperative agreements with CDC and other laboratories as needed.

#### **Mosquito Surveillance and Control:**

- IDPH will activate cooperative agreements with MAD's, municipal programs, and licensed pest control firms to expand control and abatement measures in the areas of greatest need.
- Consider large-scale aerial pesticide applications (Via rotorcraft or fixed wing aircraft) in areas greater than 1,000 acres in size.

#### Communications:

- Travel advisories shall be issued, if not already done, per CDC guidelines.
- Activate Zika virus Info Hotline if not already done.