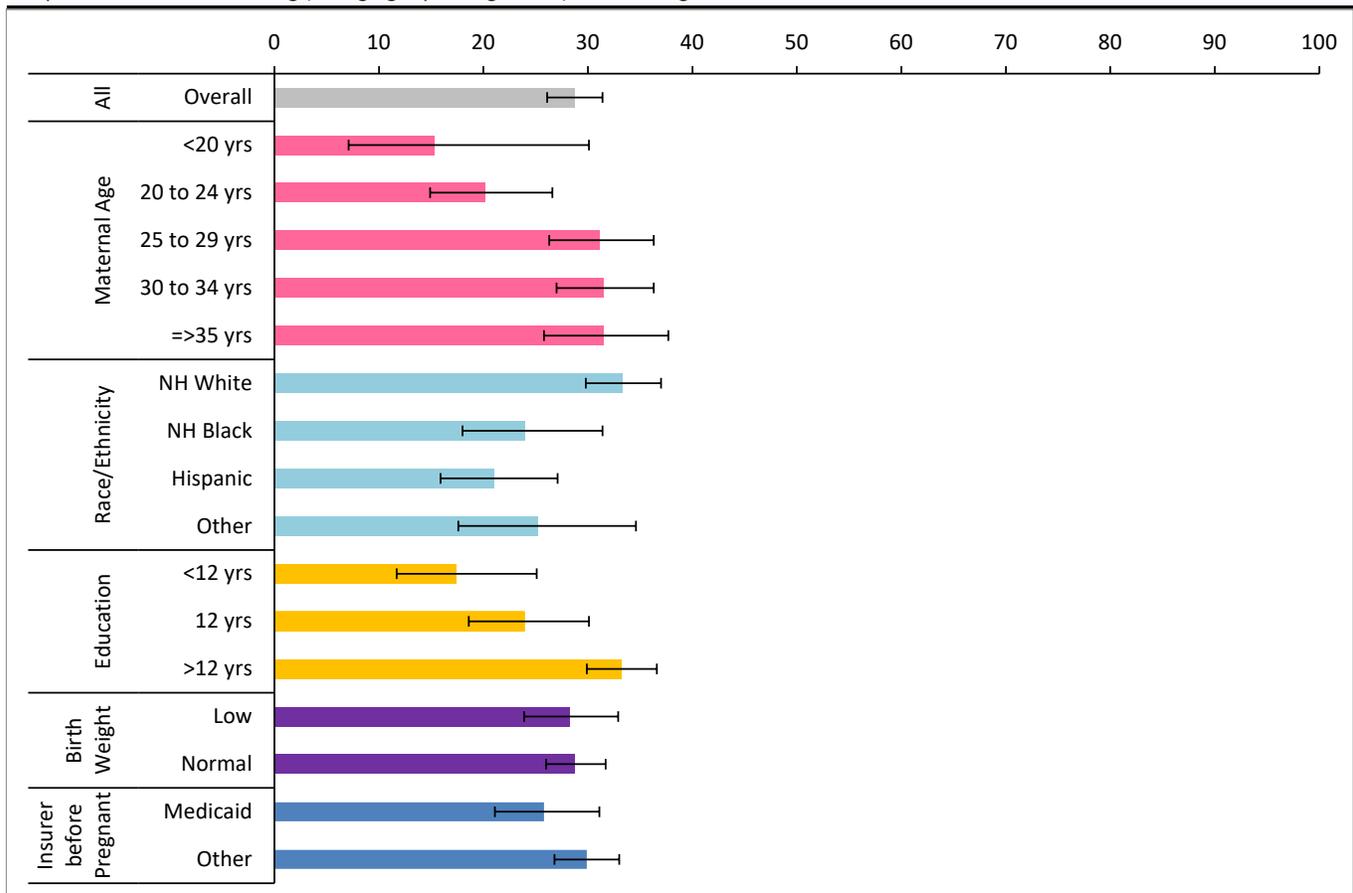


Health Behaviors

Percentage (%) of recent mothers in Illinois who reported dieting 12 months before pregnancy

Survey Question 4: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?
Response: Yes A. I was dieting (changing my eating habits) to lose weight.



	Percentage ¹	95% CI ²		Respondents ³	Estimated Population Affected ⁴	
All	Overall	28.7	26.1	31.4	1,372	41,767
Maternal Age	<20 yrs	15.3	7.1	30.1	56	1,035
	20 to 24 yrs	20.1	14.9	26.6	215	5,108
	25 to 29 yrs	31.1	26.3	36.3	359	12,777
	30 to 34 yrs	31.5	27.0	36.3	457	13,811
	=>35 yrs	31.5	25.8	37.7	285	8,678
Race/Ethnicity	NH White	33.3	29.8	37.0	774	27,528
	NH Black	24.0	18.0	31.4	215	4,703
	Hispanic	21.0	15.9	27.1	243	6,320
	Other	25.2	17.6	34.6	118	2,796
Education	<12 yrs	17.4	11.7	25.1	165	3,268
	12 yrs	23.9	18.6	30.1	265	7,193
	>12 yrs	33.2	29.9	36.6	904	30,734
Birth Weight	Low	28.2	23.9	32.9	378	3,013
	Normal	28.7	26.0	31.7	994	38,754
Marital Status	Married	31.1	27.8	34.5	854	27,876
	Other	24.9	20.9	29.4	518	13,891
Insurer before Pregnant	Medicaid	25.8	21.1	31.1	381	10,560
	Other	29.9	26.8	33.0	991	31,207

¹Percentage = Weighted percentage

²CI = confidence interval

-- Indicates denominator <30 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition