

Infant Sleep Habits

Percentage (%) of recent mothers in Illinois who reported the following related to their baby's sleep environment

Survey Question 60: Listed below are some more things about how babies sleep. How did your new baby usually sleep in the past 2 weeks? For each item, check No if your baby did not usually sleep like this or Yes if he or she did. Response: Yes

	Percentage ¹	95% CI ²		Respondents ³	Estimated Population Affected ⁴
In a crib, bassinet, or pack and play	89.2	87.1	90.9	1,316	126,797
With a blanket	46.6	43.7	49.7	1,295	65,282
In an infant car seat or swing	42.1	39.2	45.1	1,296	58,977
In a sleeping sack or wearable blanket	32.5	29.8	35.3	1,286	45,153
On a twin or larger mattress or bed	31.1	28.3	34.0	1,286	43,191
With crib bumper pads (mesh or non-mesh)	15.0	13.0	17.4	181	20,968
With toys, cushions, or pillows, including nursing pillows	8.0	6.4	9.8	1,291	11,097
On a couch, sofa, or armchair	7.0	5.6	8.8	1,288	9,773

¹Percentage = Weighted percentage

²CI = confidence interval

-- Indicates denominator <30 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition