

ILLINOIS DEPARTMENT OF PUBLIC HEALTH (IDPH)

Illinois Suicide Prevention Alliance

August 26, 2020

10:00am - 1:00pm

Approved November 17, 2020

WebEx <https://illinois2.webex.com/join/IllinoisInjuryViolenceSuicidePrevention> Select "Call Me" option; enter 10 digit number then the meeting will call you – other options are to “Call Using Computer” or “I Will Call In” Meeting number (access code): 282 290 052. Phone +1-240-454-0879 USA Toll Global call-in numbers; Access code 282 290 052

AGENDA

- I. Welcome & introductions
- II. Review & approval of May 14, 2020 meeting minutes *
- III. Update of ISPA member vacancies
- IV. Overview of suicide prevention related legislation
- V. Update from the committee revising the Illinois Suicide Prevention Strategic Plan
- VI. Plan for the 2020 Suicide Prevention Summit
- VII. Update on the ISPA Adolescent Suicide Prevention Ad Hoc Committee
- VIII. Discussion around how partners are addressing the COVID-19 response
- IX. Partner sharing
 - a. IDPH – Update on federal grant applications (Zero Suicide and Comprehensive Suicide Prevention)
 - b. Illinois Department of Human Services – Governor’s Challenge: To Prevent Suicide Among Servicemembers, Veterans, and their Families
 - c. Partners – please share information about your agency’s suicide prevention activities

** Action Needed*

Appointed Members in Attendance

		Present	Excused	Un-Excused
Stan Lewy	Survivor of suicide loss			
Jenna Farmer-Brackett	SP Program serving rural communities	X		
Mike McCarter	Representing emergency medical services			
Katie Jones	Representative for the lesbian, gay, bi-sexual, transgender and questioning community			
Chuck Johnson	Illinois Hospital Association	X		
Hannah Jordan	Representing veteran services	X		
Eric Davidson	Higher Education			

Ex-Officio Members in Attendance

Dr. Teresa Glaze	Illinois Department of Human Services (IDHS)	X		
Rebecca Doran	Illinois State Board of Education	X		
Brian Kieninger	Illinois Department of Public Health (IDPH)	X		
Dana Wilkerson	Illinois Department on Aging	X		
Tony Webster (proxy for Lt Colonel Akil Smith)	Illinois State Police			
Mary Ratliff	Illinois Criminal Justice Information Authority	X		
Dawn Whitcomb	Illinois Department of Veterans’ Affairs	X		
Brenda Henderson	Illinois Department of Children and Family Services			
Jennifer Martin	IDPH Injury & Violence Prevention Program	X		

Stakeholders in Attendance

WebEx/Phone

- Jay Bee
- Cassandra Booth- IDPH Graduate Intern
- Kim Bryan- Survivor of Suicide Loss, Rattle the Stars
- Peter Contos- Illinois Counsel Against Handgun Violence
- Tammy Cromwell- Call for Help
- Veronica Cullinan, Sertoma Centre Inc.
- Lia Daniels- Illinois Hospital Association
- Michael Deschamps- IDHS; SUPR
- Fred Friedman- Renaissance Social Services
- Joel Frieders- Hope for the Day
- Jessica (Angel) Hamilton- Survivor of Suicide Loss
- Bonnie Hassan- Trinity Services
- Carrie Johnson- Magical Consulting and Counseling
- John Stone
- Marueen Kunz
- Michelle Langlois- Jesse Brown VA
- Kate Mahoney - Naomi Ruth Cohen Institute for Mental Health Education
- Daniel Martin- New Lenox Safe Communities
- Steve Moore- American Foundation for Suicide Prevention, Illinois Chapter
- Beth Morrison- Health Promotion Services at SUIE
- Guadalupe Narvaez- FAmily STart (FAST) Learning and Support Center for Literacy
- Michael Predmore
- Madiha Qureshi-Lurie's Children's Hospital of Chicago; TRICAM Program
- Tandra Rutledge-Director of Business Development for Riveredge Hospital
- Kelly Ryan- Linden Oaks Behavioral Health
- Tawanna Smith
- Angie Thinnes- Thresholds Community Mental Health Center, Survivor of Suicide
- Tamela Tunell
- Carol Wiley-Illinois State Board of Education
- John Wuest

Welcome & Introductions

- Steve welcomed and thanked everyone for attending the meeting. Dr. Glaze invited everyone to introduce themselves.

Review & approval of February 14, 2020 meeting minutes

- Dr. Glaze motioned to approve the minutes. Seconded by Dawn. Due to no quorum, minutes will be sent to the appointed members for an electronic vote.

Update of ISPA member vacancies

- Jennifer reported there are no changes since the last meeting.

Overview of suicide prevention related legislation

- Steve reported the legislature is out of session. There will be a veto session in November, which likely will pertain to the budget. He will continue to watch for any updates but there's nothing substantive happening right now in Springfield pertaining to Suicide and Mental Health Prevention.
- Federal-
 - The 3-digit crisis line, 988, putting together implementation plan; it's really a matter of "how" and "when".
 - The 1-800- number will stand as there will be a need to keep it open for a while (at least until 2022).

Update from the committee revising the Illinois Suicide Prevention Strategic Plan

I draft updated state plan was shared with the alliance. The plan was a legislative requirement to align with 2012 National Suicide Prevention Strategy. Steve completed a comprehensive overview of the draft. Several chat comments were stakeholders requesting a current copy of this draft for review.

- The overview introduction included context for utility where readers should be able to ask and answer, "What can I do?" and "What's my role?". This document is modeled off of the national plan, making Suicide Prevention a Public Health issue. Its overarching goal is zero suicide and awareness, especially in healthcare settings. Overall, the plan includes cultural sensitivity by including appropriate risk factors and protective factors.

- State specific suicide rates and raw numbers were included; the document also mentions issues surrounding subpopulations.
- Crisis Line and mental health services issues in Illinois were included. It was noted the lines are overwhelmed and greatly understaffed, especially in rural areas.
- Fred asked “Does the document answer: Why **shouldn’t** I kill myself? Why should someone else outside my friends/family care?”
 - Steve replies, Jennifer replies that the hope is the plan can provide the strategies for specific audiences to take action.
- Lethal means questions in chat and highlighting its importance.
 - Peter sent attendees his email address and a resource regarding “Firearms Restraining Order” training.
- Lia requests to be cautious but inclusive regarding ligature risk. Her request is that it also be mandated by both providers and healthcare regulators.
- Surveillance is a public health approach and an attempt at better data, i.e. real time, coding, etc.
 - The chat box included a resource: <https://cssrs.columbia.edu/> Columbia Suicide Severity Rating Scale (CSSRS) resource
- Jennifer asks about section on entertainment industry and how it works with what we will do at the state level
- Jennifer also asks about the plan’s formatting and font. There was a consensus to keep it reader friendly, but another conversation stemmed out of Jennifer’s question.
 - Should we make it more Suicide Prevention specific?
 - There was conversation about graphics, using purple and teal font, including the IDPH logo and hopeful the state seal.
 - Graphic ideas included outreached hands and being representative of races, ethnicities and cultures.
 - This also goes back to an original comment made by Chuck at the beginning of the meeting about the plan’s length. A separate document/executive summary may be best, especially when requesting funding around suicide prevention and mental health. This is a lengthy document, and how do we get legislatures to read it?
- Kim asked, “What about sections for subpopulations to go to that pertains to them?”
 - The groups solution was to add page reference for subpopulations/audience within the document as the Table of Contents is already user friendly.
- Steve repeatedly mentioned an online vote for approval to get it submitted for internal review.
- Once this is completed, Jennifer will take it to the appropriate parties at IDPH for a final review.

Plan for the 2020 Suicide Prevention Summit

Steve (and Tandra Rutledge) gave a brief overview of what is to come in an exuberant manner. There is still some planning to do in conjunction with Lurie’s Children’s hospital, other partners and a platform (Zoom). The real challenges will be keeping being engaged and networking. The work-around to be having multiple digital breakout rooms, keeping the chat box open, and other interactive ideas.

Update on the ISPA Adolescent Suicide Prevention Ad Hoc Committee

Jennifer gave an update on the current Adolescent Suicide Prevention interns, Jessica and Cassandra. Jessica’s replacement cannot be hired until interviews are conducted in mid-September. Cassandra is expected to complete her internship in early October and has been working on specific strategies from the 2020 Strategic Plan.

- Cassandra presented a summary on the activates/products she has been working on, focusing on public awareness. These products are two factsheets, a draft for a webpage, a proclamation and social media messages for Suicide Prevention Month (September).
 - Madiha asked about the language/terminology specifically regarding “teens”. Cassandra and Jennifer clarified that the Ad Hoc Committee agreed on using “Youth, Adolescents and Young Adults” to encompass a wide age range.
 - Madiha also requested to see a draft of the Proclamation.
- Jennifer mentioend these items will be reviewed by the Ad Hoc Committee next week on September 1, 2020.

Discussion around how partners are addressing the COVID-19 response

- Dr. Glaze opened this section of the meeting first discussing grant applications, status and funding. Dr. Glaze also mentioned various outreach services all over the state. The programs focus on who have been hardest hit with COVID, especially targeting Black and Brown communities. Overall, the Division of Mental Health is rolling out 3 initiatives.
- Jennifer spoke about funding for ACES and Suicide Prevention. It will include gatekeeper training and AMSR training (inpatient, outpatient and substance use professionals). Jennifer passed on information shared from Suicide Prevention Resource Center “state drop in” conversations. Among the items she mentioned is that we may have to wait up to 2 years to really know the impact, and that the CDC has expressed importance on suicide prevention efforts. Other items were virtual training issues like recognizing triggers, COVID and civil unrest, the impact on healthcare workers and college students/graduates.
 - Beth at SIU commented about virtual and hybrid models for learning and ramping up communications about various trainings, symptoms and medications, coping, and getting students connected etc.
 - SIU is also planning a campaign dedicated to Suicide Prevention Month.
- Chuck Johnson talks about an online program in Quincy public schools and offered to other schools in TriState area for mental health/coping mechanisms.
- Peter from Illinois Council Against Handgun Violence is still doing trainings via Zoom and outreaching to more counties (versus Chicago and Decatur). He offers his services to the group.
- Steve mention of “Out of the Darkness” walks will be online and less dependent on parks.
- Updates on the Governor’s challenge (IDPH) include development of a strategic action plan and drafting legislation. The team is looking for funding opportunities.
 - They are using the Columbia Suicide Severity Rating Scale to assess risk and training frontline responders.

Set FY21 meeting dates

For now, the meetings will continue to be virtual. The remaining dates are:

1. November 17, 2020 10:00am-1:00pm
2. February 24, 2021 10:00am-1:00pm
3. May 24, 2021 10:00am-1:00pm

Minutes taken by Cassandra Booth