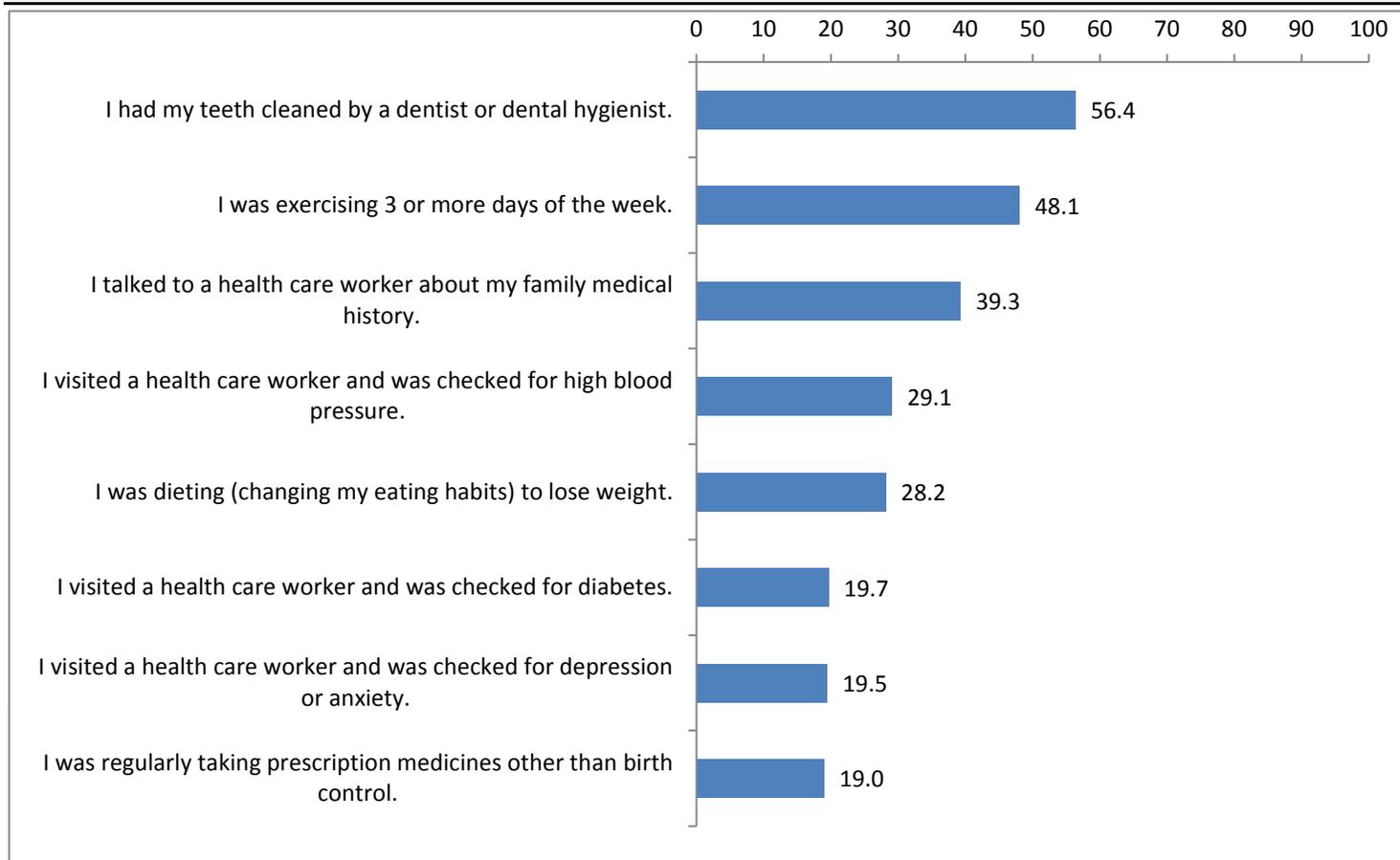


## Health Behaviors

## Percentage (%) of new mothers in Illinois who reported doing the following activities 12 months before pregnancy

**Survey Question 7:** At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? Response: Yes



	Percentage <sup>1</sup>	95% CI <sup>2</sup>	Respondents <sup>3</sup>	Estimated Population Affected <sup>4</sup>
I had my teeth cleaned by a dentist or dental hygienist.	56.4	53.7 - 59.1	864	84,273
I was exercising 3 or more days of the week.	48.1	45.3 - 50.8	727	71,603
I talked to a health care worker about my family medical history.	39.3	36.7 - 42.0	624	58,563
I visited a health care worker and was checked for high blood pressure.	29.1	26.7 - 31.6	471	43,375
I was dieting (changing my eating habits) to lose weight.	28.2	25.8 - 30.7	413	41,976
I visited a health care worker and was checked for diabetes.	19.7	17.6 - 22.0	318	29,417
I visited a health care worker and was checked for depression or anxiety.	19.5	17.4 - 21.7	304	28,967
I was regularly taking prescription medicines other than birth control.	19.0	17.0 - 21.2	314	28,327

<sup>1</sup>**Percentage** = Weighted percentage of Illinois mothers giving birth to live infants in 2015 who responded 'Yes' to the survey question for the specified indicator

<sup>2</sup>**CI** = confidence interval

-- Indicates denominator <30 respondents

<sup>3</sup>**Respondents (N)** = Total number of mothers who responded 'Yes' to the survey question for the specified indicator

<sup>4</sup>**Estimated population affected** = Estimated number of Illinois mothers giving birth in 2015 who would respond 'Yes' to the survey question for the specified indicator