



State of Illinois  
Illinois Department of Public Health

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# Illinois Asthma Partnership Resource Directory

June 2014

## **Illinois Asthma Partnership Resource Directory**

This resource directory is a product of the Illinois Asthma Partnership's School and Education Workgroup. The Illinois Asthma Partnership is coordinated by the Illinois Department of Public Health (Department). Department staff and workgroup members have collected resources from their organizations and categorized these resources by seven topic areas: school health, educate yourself, parent education, youth and teen education, health care professional education, environmental health and policy.

This publication was funded by the Department's Illinois Asthma Program, through cooperative agreement 5U59EH000532-04 from the U.S. Centers for Disease Control and Prevention.

### **By Topic Area**

#### **- School Health**

- *American Lung Association in Illinois*
  - **Asthma 101™ What You Need To Know** is a comprehensive educational program that provides basic information about asthma and its management. It is also designed for use in a variety of settings, including schools, child care and sports. The one-hour program is delivered by trained health care professionals. At this time, the program offers a detailed, 60-page, full-color handbook along with asthma triggers and management posters.  
<http://www.lung.org/associations/states/illinois/news/chicago-public-schools-select.html>
  - **Asthma-Friendly Schools Initiative®** provides a framework and tools that communities and schools can use to develop a comprehensive approach to asthma management, including planning tools, policy recommendations and education programs. A robust toolkit makes it easy to choose programs based on local needs and resources. Learn more at [www.Lung.org/afsi](http://www.Lung.org/afsi).
  - **Open Airways For Schools®** More than 40,000 U.S. schools have used this program to educate children ages 8-11 about asthma. The program strives to improve self-management skills, decrease asthma emergencies, raise awareness among parents and promote broader asthma management coordination among students, parents and schools. Six, 40-minute sessions incorporate group discussion, stories, games and role play. Topics include: basic asthma education, getting exercise, doing well at school, identifying and controlling asthma triggers, understanding asthma medicines, and recognizing and managing asthma symptoms. Learn more at [www.Lung.org/openairways](http://www.Lung.org/openairways).
- *U. S. Centers for Disease Control and Prevention, National Center for Environmental Health, Air Pollution and Respiratory Health Branch*
  - [http://www.nhlbi.nih.gov/health/public/lung/asthma/phy\\_asth.htm](http://www.nhlbi.nih.gov/health/public/lung/asthma/phy_asth.htm)
- *Chicago Asthma Consortium*
  - Information about asthma can be found at <http://www.chicagoasthma.org/asthma-basics/>. Includes basics about asthma and asthma management.

- **Respiratory Health Association of Greater Chicago**
  - **Fight Asthma Now® (FAN)** is a validated program that teaches children and teens how to understand and manage their asthma. Over the course of four, 45-minute sessions, asthma educators use engaging and active lesson plans to give students the tools and knowledge they need to identify and to avoid triggers, to properly use medications, to manage asthma episodes and to control asthma on a long-term basis. <http://www.lungchicago.org/fight-asthma-now/>
  - **Asthma Management** is a one-hour program for parents, teachers and other caregivers on how to care for children or adults living with asthma. The program covers early warning signs of asthma, common triggers, how to handle an emergency and how to properly administer medications. Asthma Management has been approved by the Illinois State Board of Education to provide one Continuing Professional Development Unit (CPDU) for licensed schoolteachers. Asthma Management is available in English and Spanish. <http://www.lungchicago.org/asthma-management/>
  - **Asthma-friendly Childcare** teaches traditional and home daycare providers how to care for and offer a safe facility for children with asthma. The program includes hands-on trainings and an interactive webinar delivered in two, 20-minute sessions in order for providers to access the program at their convenience. A bilingual checklist exists to evaluate a childcare facility's level of asthma friendliness. Asthma Friendly Childcare is available in English and Spanish. <http://www.lungchicago.org/asthma-friendly-childcare/>
- **U.S. EPA Region 5 – Asthma Program**
  - <http://www.epa.gov/asthma/>
  - <http://www.epa.gov/asthma/publications.html>
  - <http://www.asthmacommunitynetwork.org/>
  - <http://www.epa.gov/iaq/schools/>
    - If schools or partners want to receive webinar announcements and be part of the schools network, they can send an e-mail to [IAQTFSCconnector@cadmusgroup.com](mailto:IAQTFSCconnector@cadmusgroup.com)

- **Educate Yourself**

- **American Lung Association in Illinois (ALA)**
  - **Asthma Basics** is a 50-minute online educational tool for people living with asthma or anyone who provides care for someone living with asthma. It teaches how to recognize and manage asthma symptoms, how to identify and to reduce triggers, how to create an asthma management plan and how to respond to a breathing emergency. ALA was able to develop stand-alone components from the Asthma Basics online learning module developed through funding from the EPA, Indoor Environments Division.
    - Visit [www.lung.org/asthma](http://www.lung.org/asthma) to learn about asthma and asthma management. Watch the short animation *What is Asthma?* to learn what happens in the airways during an asthma episode. Asthma medicine only works if it is taken correctly. A health care provider can teach children the correct way to hold and to inhale the medicine.
    - Visit [www.lung.org/asthmameds](http://www.lung.org/asthmameds) to watch how-to videos for using inhalers and to print easy-to-follow instructions.
  - **Lung Connection** – The American Lung Association has launched the Lung Connection: Living with Lung Disease, a free online community for individuals living with asthma and other lung

diseases and their caregivers. Individuals must register to join the community, and members can choose their level of participation and engagement. This online forum is a place for members to discuss how lung disease is affecting them and share their life experience with their peers. Join today! <http://connection.lungusa.org>

- **Lung HelpLine** is a free resource to provide answers to questions about asthma and other lung diseases. Trained nurses and respiratory therapists are available to answer questions. Call the Lung HelpLine at 1-800-LUNG-USA.

- ***Asthma and Allergy Foundation of America – Southwest Illinois Chapter***

- <http://aafastl.org/programs-2/project-concern/patientsfamilies/>

- ***Chicago Asthma Consortium***

- Keeps a resource directory for people living with asthma, their caretakers, health care professionals and the public.

- <http://www.chicagoasthma.org/resource-directory/>

- Maintains clinic search feature for those looking for a health care clinic in Chicago.

- [http://www.chicagoasthma.org/site/location/search\\_location.exc?cmd=search\\_location&co\\_id=410&item\\_id=46454&isApp=true&addressview=true](http://www.chicagoasthma.org/site/location/search_location.exc?cmd=search_location&co_id=410&item_id=46454&isApp=true&addressview=true)

- Information about asthma basics and asthma management are available at

- <http://www.chicagoasthma.org/asthma-basics/>

- Medication assistance resources can be found at

- <http://www.chicagoasthma.org/medication-assistance/>

- ***Merck & Co, Inc.***

- [http://merck.qualitysolutionnavigator.com/#url=category%3D4caf8a49251b84c408680000%26language%3Dall%26for\\_use\\_by%3Dall%26skip%3D0%26limit%3D5%26keyword%3D](http://merck.qualitysolutionnavigator.com/#url=category%3D4caf8a49251b84c408680000%26language%3Dall%26for_use_by%3Dall%26skip%3D0%26limit%3D5%26keyword%3D)

- ***U.S. EPA Region 5 – Asthma Program***

- <http://www.epa.gov/asthma/>
- <http://www.epa.gov/asthma/publications.html>
- <http://www.asthmacommunitynetwork.org/>

- **Parent Education**

- ***American Lung Association in Illinois***

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episode. Asthma medicine only works if it is taken correctly. A health care provider can teach children the correct way to hold and to inhale the medicine.

- Visit [www.lung.org/asthameds](http://www.lung.org/asthameds) to watch how-to videos for using inhalers and to print easy-to-follow instructions.
  - **Lungtropolis® Where Kids With Asthma Learn to Play** (developed in partnership with ORCAS, Inc.) is a free website. When kids visit Lungtropolis ([www.lungtropolis.com](http://www.lungtropolis.com)), they become asthma control agents and conquer the mucus mob. While playing, they learn how to control their asthma. Lungtropolis guides parents through steps to help recognize and to manage their child's asthma symptoms. Interactive quizzes and questionnaires make it easy to learn how to keep a child healthy and active.
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    - Maintains clinic search feature for those looking for a health care clinic in Chicago.  
[http://www.chicagoasthma.org/site/location/search\\_location.exc?cmd=search\\_location&co\\_id=410&item\\_id=46454&isApp=true&addressview=true](http://www.chicagoasthma.org/site/location/search_location.exc?cmd=search_location&co_id=410&item_id=46454&isApp=true&addressview=true)
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<http://www.chicagoasthma.org/asthma-basics/>
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  - ***Merck & Co, Inc.***
    - [http://merck.qualitysolutionnavigator.com/#url=category%3D4caf8a49251b84c408680000%26language%3Dall%26for\\_use\\_by%3Dall%26skip%3D0%26limit%3D5%26keyword%3D](http://merck.qualitysolutionnavigator.com/#url=category%3D4caf8a49251b84c408680000%26language%3Dall%26for_use_by%3Dall%26skip%3D0%26limit%3D5%26keyword%3D)
  - ***Respiratory Health Association of Greater Chicago***
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Continuing Professional Development Unit (CPDU) for licensed schoolteachers. Asthma Management is available in English and Spanish.

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  - <http://www.epa.gov/asthma/publications.html>
  - <http://www.asthmacommunitynetwork.org/>

- **Youth and Teen Education**

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  - **Lungtropolis® Where Kids With Asthma Learn to Play** (developed in partnership with ORCAS, Inc.) is a free website. When kids visit Lungtropolis ([www.lungtropolis.com](http://www.lungtropolis.com)), they become asthma control agents and conquer the mucus mob. While playing, they learn how to control their asthma. Lungtropolis guides parents through steps to help recognize and to manage their child's asthma symptoms. Interactive quizzes and questionnaires make it easy to learn how to keep a child healthy and active.
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  - <http://www.asthmacommunitynetwork.org/>

- **Health Care Professional Education**

- ***American Lung Association in Illinois***
  - **Asthma Educator Institute®** is a two-day professional development course for clinicians committed to providing National Institutes of Health asthma guideline-based care. The institute also serves as a preparatory course for those qualified to take the National Asthma Educator Certification Board examination. Learn more at [www.Lung.org/asthma](http://www.Lung.org/asthma).
- ***Asthma & Allergy Foundation of America – Southwest Illinois Chapter***
  - <http://aafastl.org/programs-2/project-concern/patientsfamilies/>

- **Chicago Asthma Consortium**
  - Chicago Asthma Consortium hosts three educational meetings and one data conference per year on topics related to asthma. <http://www.chicagoasthma.org/programs/>
  - Keeps a resource directory for people living with asthma, their caretakers, health care professionals and the public. <http://www.chicagoasthma.org/resource-directory/>
- **Merck & Co, Inc.**
  - [http://merck.qualitysolutionnavigator.com/#url=category%3D4caf8a49251b84c408680000%26language%3Dall%26for\\_use\\_by%3Dall%26skip%3D0%26limit%3D5%26keyword%3D](http://merck.qualitysolutionnavigator.com/#url=category%3D4caf8a49251b84c408680000%26language%3Dall%26for_use_by%3Dall%26skip%3D0%26limit%3D5%26keyword%3D)
- **Respiratory Health Association of Greater Chicago**
  - Hosts a two-day **AE-C Preparatory Workshop** each year to provide continuing asthma education and to prepare health care professionals for the Asthma Educator Certification Examination. Certified asthma educators (AE-Cs) develop the curriculum based on current guidelines, and includes lectures, case studies, small group discussions, hands-on demonstrations and an exhibit hall. Participants receive asthma resources including educational information and sponsor-provided materials. Continuing education units are provided to attendees.

- **Environmental Health**

- **Illinois Department of Public Health – Lead Program**
  - Healthy Homes – Keeping Your Home Healthy and Safe – educational booklet about asthma triggers and interventions. <http://www.idph.state.il.us/illinoislead/publications.htm>
  - Public Health Home Visit Form for Environmental Health and Lead Assessment – Home assessment tool <http://www.idph.state.il.us/illinoislead/forms.htm>
- **U.S. EPA Region 5 – Asthma Program**
  - <http://www.epa.gov/asthma/>
  - <http://www.epa.gov/asthma/publications.html>
  - <http://www.asthmacommunitynetwork.org/>

- **Public Policy**

- **American Lung Association in Illinois**
  - **Asthma Policy Guide for Housing and Schools** establishes policy recommendations and compiled resources to support the work of community advocates and policy-makers focused on asthma policy in homes and schools. [www.Lung.org/asthmapolicyguide](http://www.Lung.org/asthmapolicyguide).