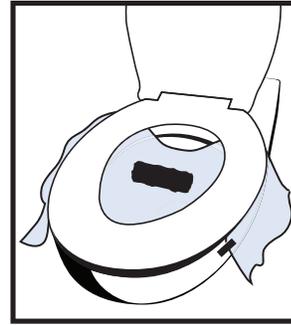




Patient Instructions for Stool Specimen Collection for Bacterial Analysis Using a Cary Blair Vial

1. **Wash hands with soap and water** before beginning stool specimen collection (bowel movement).
2. Write the **patient's full name, date and time the specimen is collected** on the outside of the transport vial. **Print legibly.**
3. Completely fill out the information on the test requisition. **Print legibly.**
NOTICE: The red liquid in the bottom of the container is poisonous. Do not drink liquid. Keep container out of the reach of children. In case of swallowing, call a physician IMMEDIATELY. In case of skin or eye contact with the liquid, flush with water. If irritation persists, contact a physician.
4. **To collect a stool specimen**, before using the toilet, lift up the toilet seat and place a piece of wax paper or plastic wrap over the toilet bowl secured by adhesive tape to prevent the sample from falling into the toilet bowl.
5. Make a depression in the plastic wrap or wax paper to aid specimen collection. Lower the toilet seat and proceed with expelling bowel movement (stool specimen).

Do not expel the specimen into the toilet.
Do not urinate on the specimen.
Do not pass (expel) the specimen directly into the container (vial).



6. Open the container; use the spoon built into the container cap to transfer small samples from areas that appear bloody, slimy or watery. If the specimen is firm, take samples from both ends and the middle. Continue adding samples until the liquid level reaches the red fill line.
7. Mix the content of the vial with the spoon. It is not necessary to remove the spoon before recapping.
8. Recap the container making sure the lid is tight. Shake the container until the contents are well mixed.
9. Make sure that the person's name and date of collection is on the outside of the specimen container.
10. Place the container in the plastic bag and seal it.
11. Place the sealed plastic bag in a paper or plastic bag.
12. Dispose of the remainder of stool in the toilet and discard the soiled plastic wrap by placing in a paper or plastic bag. Place this bag into a plastic bag. Close the plastic bag with a twist tie and place it in the garbage.

13. **Wash hands thoroughly with soap and water.**
14. Place specimen container (in paper or plastic bag) in the refrigerator until it is returned to the Health Department.
15. Deliver the bag with the specimen container as soon as possible within 24 hours of collection, unless otherwise instructed, to the following facility :

Name of Facility

Address _____

Phone _____

Hours _____

For any questions, please call:

Thank you for your time and cooperation.