Table 65

Postpartum Care

Percentage (%) of recent mothers in Illinois who reported a health care worker did any of these things during the postpartum visit

Among women reporting they had a postpartum visit

Survey Question 68: During your postpartum checkup, did a doctor, nurse, or other health care worker do any of the following things? Response: Yes

	Percentage ¹	95% CI ²		Respondents ³	Estimated Population Affected ⁴
Ask me if I was feeling down or depressed	94.3	92.6	95.6	1,141	115,182
Talk to me about birth control methods I can use after giving birth	90.1	88.0	91.8	1,141	109,989
Tell me to take a vitamin with folic acid	63.2	60.0	66.2	1,132	76,563
Talk to me about healthy eating, exercise, and losing weight gained during pregnancy	60.7	57.5	63.8	1,141	74,125
Ask me if someone was hurting me emotionally or physically	60.6	57.4	63.7	1,138	73,893
Ask me if I was smoking cigarettes	59.0	55.8	62.1	1,137	71,734
Talk to me about how long to wait before getting pregnant again	56.5	53.3	59.7	1,141	68,990
Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera®), NuvaRing®, or condoms	39.2	36.1	42.4	1,140	47,798
Test me for diabetes	24.3	21.6	27.2	1,136	29,534
Insert an IUD (Mirena [®] , ParaGard [®] , Liletta [®] , or Skyla [®]) or a contraceptive implant (Nexplanon [®] , or Implanon [®])	19.9	17.4	22.6	1,137	24,197

¹**Percentage** = Weighted percentage

 2 **CI** = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents or numerator <6 respondents

³**Respondents** = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition