## **Mental Health**

## Percentage (%) of new mothers in Illinois who reported symptoms of depression after pregnancy

	Percentage <sup>1</sup>	95% CI <sup>2</sup>	Respondents <sup>3</sup>	Estimated Population  Affected4
Down, depressed or hopeless <sup>5</sup>				
Always	0.5	0.2 - 1.2	9	793
Often	2.5	1.8 - 3.5	40	3,719
Sometimes	15.4	13.4 - 17.6	227	22,591
Rarely	31.0	28.4 - 33.8	419	45,510
Never	50.5	47.6 - 53.4	691	74,178
Little interest or pleasure <sup>6</sup>				
Always	1.8	1.1 - 2.8	23	2,565
Often	2.9	2.1 - 4.0	46	4,220
Sometimes	9.1	7.5 - 10.9	134	13,296
Rarely	27.5	25.0 - 30.1	386	40,250
Never	58.8	55.9 - 61.6	796	86,128

<sup>&</sup>lt;sup>1</sup>Percentage = Weighted percentage of Illinois mothers giving birth to live infants in 2013 who responded Yes to the survey question for the specified indicator

<sup>&</sup>lt;sup>2</sup>**CI** = confidence interval

<sup>&</sup>lt;sup>3</sup>Respondents (N) = Total number of mothers who responded Yes to the survey question for the specified indicator

<sup>&</sup>lt;sup>4</sup>Estimated population affected = Estimated number of Illinois mothers giving birth in 2013 who would respond Yes to the survey question for the specified indicator

<sup>&</sup>lt;sup>5</sup>Question 70: Since your new baby was born, how often have you felt down, depressed, or hopeless?

<sup>&</sup>lt;sup>6</sup>Question 71: Since your new baby was born, how often have you had little interest or little pleasure in doing things?