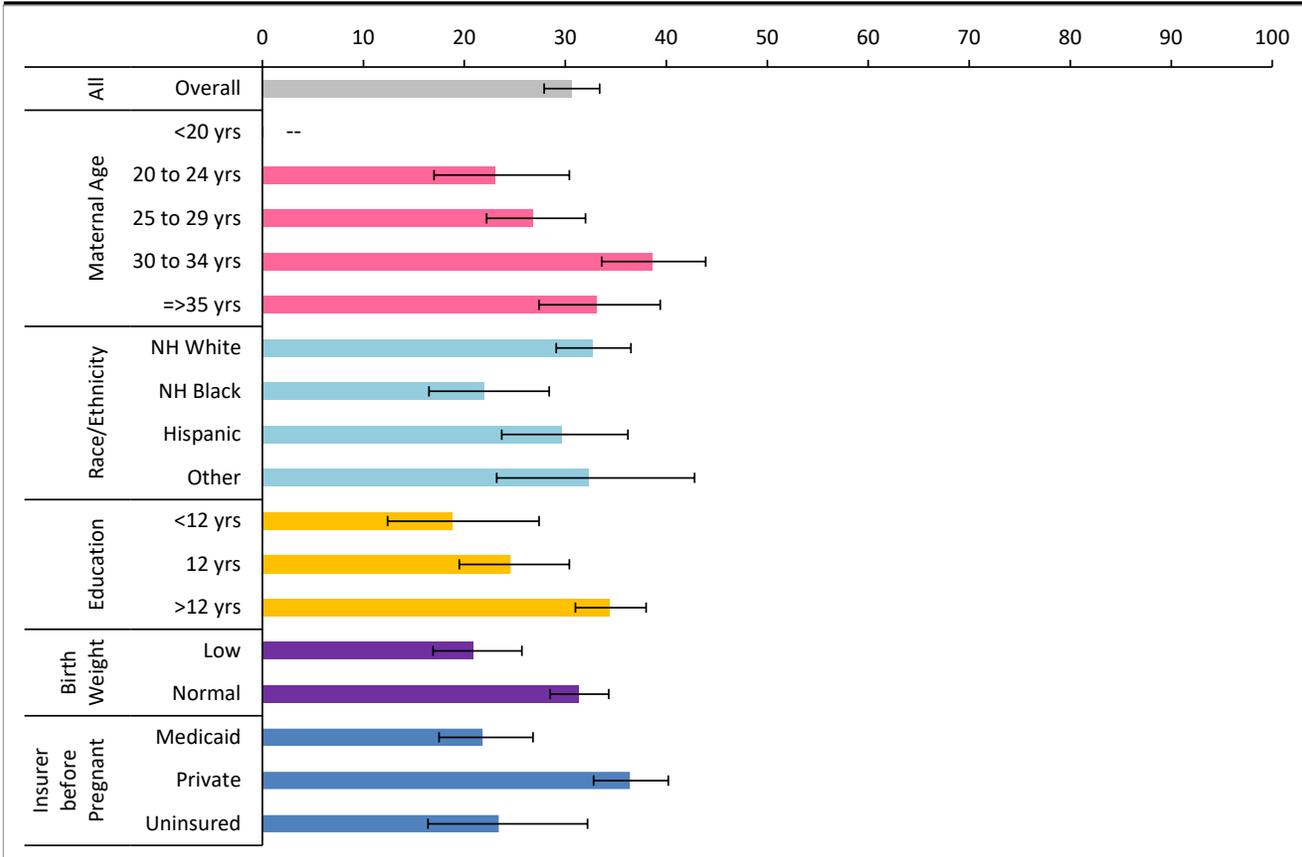


Health Behaviors

Percentage (%) of recent mothers in Illinois who reported dieting 12 months before pregnancy

Survey Question 4: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things?
 Response: Yes A. I was dieting (changing my eating habits) to lose weight.



	Percentage ¹	95% CI ²	Respondents ³	Estimated Population Affected ⁴		
All	Overall	30.6	27.9	33.4	1,302	41,637
Maternal Age	<20 yrs	--	--	--	--	--
	20 to 24 yrs	23.0	17.0	30.4	201	5,011
	25 to 29 yrs	26.8	22.2	32.0	355	10,384
	30 to 34 yrs	38.6	33.6	43.9	412	16,229
	=>35 yrs	33.1	27.4	39.4	281	9,421
Race/Ethnicity	NH White	32.7	29.1	36.5	698	23,996
	NH Black	21.9	16.5	28.4	250	5,090
	Hispanic	29.6	23.7	36.2	243	8,319
	Other	32.3	23.2	42.8	102	3,376
Education	<12 yrs	18.8	12.4	27.4	142	2,739
	12 yrs	24.5	19.5	30.4	290	7,846
	>12 yrs	34.4	31.0	38.0	848	29,884
Birth Weight	Low	20.9	16.9	25.7	337	2,156
	Normal	31.3	28.5	34.3	965	39,481
Marital Status	Married	35.4	31.9	39.0	804	29,460
	Other	22.9	19.0	27.4	498	12,177
Insurer before Pregnant	Medicaid	21.8	17.5	26.8	398	8,727
	Private	36.4	32.8	40.2	746	28,562
	Uninsured	23.4	16.4	32.2	132	3,501

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents or numerator <6 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated Population Affected = Estimated number of Illinois mothers/infants with characteristic or condition