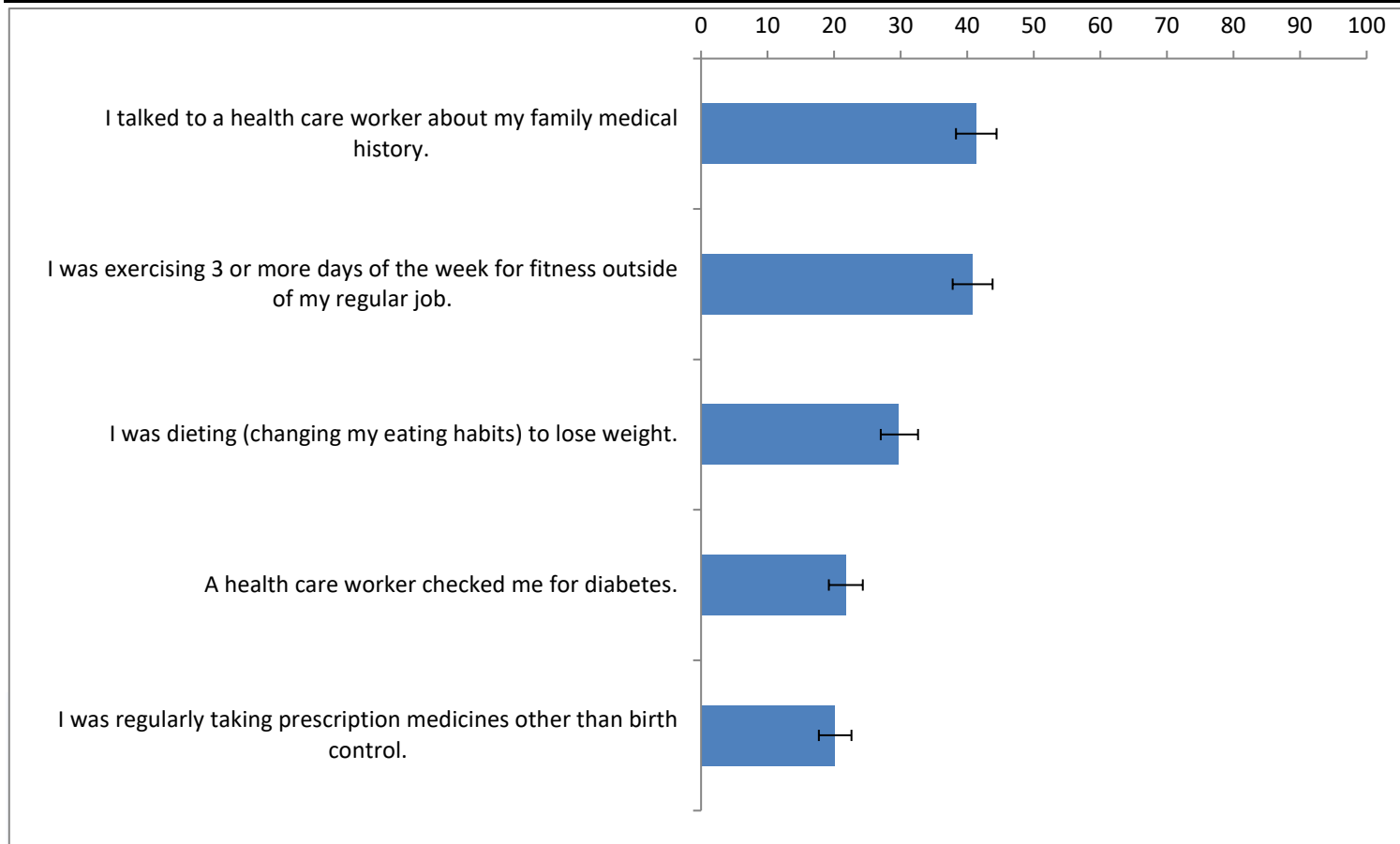


Health Behaviors

Percentage (%) of recent mothers in Illinois who reported doing the following activities 12 months before pregnancy

Survey Question 4: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? Response: Yes



	Percentage ¹	95% CI ²		Respondents ³	Estimated Population Affected ⁴
I talked to a health care worker about my family medical history.	41.3	38.3	44.4	1,225	54,255
I was exercising 3 or more days of the week for fitness outside of my regular job.	40.8	37.8	43.8	1,230	53,748
I was dieting (changing my eating habits) to lose weight.	29.7	27.0	32.6	1,232	39,208
A health care worker checked me for diabetes.	21.7	19.2	24.3	1,226	28,469
I was regularly taking prescription medicines other than birth control.	20.0	17.7	22.6	1,229	26,420

¹Percentage = Weighted percentage

²CI = Confidence interval lower/upper bounds

-- Indicates denominator <30 respondents or numerator <6 respondents

³Respondents = The total number who responded to the survey question

⁴Estimated population affected = Estimated number of Illinois mothers/infants with characteristic or condition