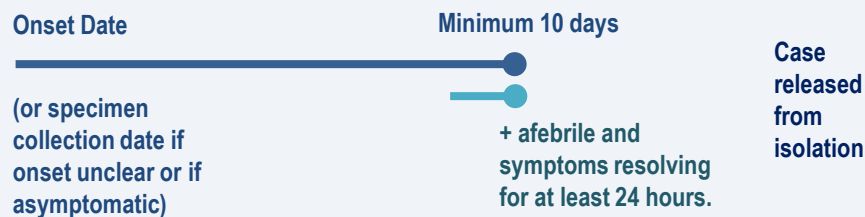


## CASES

Must be isolated for a minimum of 10 days\* after symptom onset (or specimen collection date if asymptomatic) and can be released when the following criteria are met:

- Case is afebrile (without fever-reducing medication) for at least 24 hours **and** with improvement of COVID-19 symptoms

### Time-based Strategy for Release from Isolation



*Date of symptom onset or specimen collection date (if asymptomatic) is counted as Day 0.*

### OR

- Case has 2 negative COVID-19 PCR tests in a row, with specimens collected and testing done at least 24 hours apart  
*A test-based strategy is no longer recommended in the majority of cases. Consult with infectious disease physician.*

\*A limited number of persons with severe illness or who are severely immunosuppressed may produce replication-competent virus beyond 10 days; this may warrant extending duration of isolation and precautions for **up to 20 days after symptom onset or first positive test (if no symptoms)**.  
Consult with the infectious disease physician.

For hospitalized cases and discontinuing transmission-based precautions, see:  
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalized-patients.html>

#### References

- **Isolation:** <https://www.cdc.gov/coronavirus/2019-ncov/hcp/duration-isolation.html>
- **Quarantine:** <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>

## CLOSE CONTACTS<sup>1</sup>

- Must be quarantined for 14 days after the last/most recent contact with the case when the case was infectious.
- If a close contact develops symptoms, they should follow isolation rules for cases.

Contact Scenario	Quarantine Period
<ul style="list-style-type: none"> <li>• Has close contact with someone who has COVID-19 and will not have further close contact</li> </ul>	<ul style="list-style-type: none"> <li>• 14 days from the date of last close contact</li> </ul>
<ul style="list-style-type: none"> <li>• Has close contact with someone who has COVID-19 and lives with the case but can avoid further close contact</li> </ul>	<ul style="list-style-type: none"> <li>• 14 days from when the person with COVID-19 began home isolation away from other members of the household</li> </ul>
<ul style="list-style-type: none"> <li>• Is under quarantine and had additional close contact with someone else who has COVID-19</li> </ul>	<ul style="list-style-type: none"> <li>• Restart quarantine from the last day close contact occurred with anyone who has COVID-19. Any time a new household member gets sick with COVID-19 and close contact occurs, quarantine will need to be restarted.</li> </ul>
<ul style="list-style-type: none"> <li>• Lives with someone who has COVID-19 and cannot avoid continued close contact (e.g., shared kitchen/bathroom)</li> </ul>	<ul style="list-style-type: none"> <li>• Quarantine for 14 days after the person who has COVID-19 meets the <u>criteria to end home isolation</u> (see Cases information).</li> </ul>
<ul style="list-style-type: none"> <li>• Was previously diagnosed with COVID-19 but did not undergo SARS-CoV-2 testing and is now a close contact to a confirmed COVID-19 case</li> </ul>	<ul style="list-style-type: none"> <li>• Quarantine for 14 days from the date of last close contact to the COVID-19 case. <u>Antibody testing results are not considered</u> when determining quarantine status.</li> </ul>

<sup>1</sup> For COVID-19, a close contact is defined as being within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the case is isolated. For additional information, see

<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact>

#### Guidance for Healthcare Worker Contacts:

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html>  
<https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html>

#### Guidance for Critical Workers in Essential Infrastructure:

<https://www.cdc.gov/coronavirus/2019-ncov/community/critical-workers/implementing-safety-practices.html>