### CASES

Must be isolated for a minimum of 10 days* after symptom onset (or specimen collection date if asymptomatic) and can be released when the following criteria are met:

- Case is afebrile (without fever-reducing medication) for at least 24 hours and with improvement of COVID-19 symptoms.

OR

- Case has 2 negative COVID-19 PCR tests in a row, with testing done at least 24 hours apart.

*Time-based Strategy for Release from Isolation*

- Onset date
- Minimum 10 days
- Case released from isolation
- + Afebrile and feeling well for at least 24 hours

For hospitalized cases and discontinuing transmission-based precautions, see:


*Note: A limited number of persons with severe illness or who are severely immunosuppressed may produce replication-competent virus beyond 10 days; this may warrant extending duration of isolation and precautions for up to 20 days after symptom onset or first positive test (if no symptoms). Consult with infectious disease physician.*

### CLOSE CONTACTS

- **Must be quarantined for 14 days after the last/most recent contact with the case when the case was infectious.**
- **If a close contact develops symptoms, they should follow isolation rules for cases.**

<table>
<thead>
<tr>
<th>Contact Scenario</th>
<th>Quarantine Period</th>
</tr>
</thead>
<tbody>
<tr>
<td>Has close contact with someone who has COVID-19 and will not have further close contact.</td>
<td>14 days from the date of last close contact.</td>
</tr>
<tr>
<td>Has close contact with someone who has COVID-19 and lives with the case but can avoid further close contact.</td>
<td>14 days from when the person with COVID-19 began home isolation away from other members of the household.</td>
</tr>
<tr>
<td>Is under quarantine and had additional close contact with someone else who has COVID-19.</td>
<td>Restart quarantine from the last day close contact occurred with anyone who has COVID-19. Any time a new household member gets sick with COVID-19 and close contact occurs, quarantine will need to be restarted.</td>
</tr>
<tr>
<td>Lives with someone who has COVID-19 and cannot avoid continued close contact (e.g., shared kitchen/bathroom).</td>
<td>Quarantine for 14 days after the person who has COVID-19 meets the criteria to end home isolation (see Cases information).</td>
</tr>
</tbody>
</table>

1 For COVID-19, a close contact is defined as any individual who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated.

**Guidance for Healthcare Worker Contacts:**


**Guidance for Critical Workers in Essential Infrastructure:**


### References

- **Isolation:** https://www.cdc.gov/coronavirus/2019-ncov/hcp/duration-isolation.html

- **Quarantine:** https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html