

ILLINOIS DEPARTMENT OF PUBLIC HEALTH (IDPH)

Illinois Suicide Prevention Alliance

May 9, 2018

10:00am - 12:00pm

Approved August 23, 2018

Video Conference

Chicago-James R. Thompson Center, 100 West Randolph Street, FL 14, ISBE Board Room/V–Tell

Springfield–IDPH, One Natural Resources Way, Floor 2 Lake Level

Audio Conference Dial-in #: 1- 888-494-4032 Access Code: 2631052766#

AGENDA

- I. Welcome & Roll Call and Introductions
- II. Review and approval of February 6, 2018 meeting minutes – no quorum. Unable to approve minutes.
- III. Update of ISPA member vacancies
- IV. Guest Speaker – How Title XX funds are used to promote mental health and suicide prevention
- V. Overview of suicide prevention legislation
- VI. Update on the 2018 statewide training planning
- VII. Set FY19 Meeting Dates
- VIII. Announcements

Appointed Members in Attendance

		<i>Present</i>	<i>Excused</i>	<i>Un-Excused</i>
Eric Davidson	Illinois Higher Education Center		X	
Mariann Blacconiere	Representing service members, veterans, and their families	Chicago		
Steve Moore	American Foundation for Suicide Prevention – Greater Chicago/Illinois Chapter	Chicago		
Mary Nigma	Survivor of Suicide		X	
Marcus Hall	Representing mental health consumers	Phone		
Olivia Johnson	Researcher in suicidology		X	
Chuck Johnson	Illinois Hospital Association	Springfield		

Ex-Officio Members in Attendance

Jessica Gerdes	Illinois State Board of Education	Chicago		
Mary Ratliff	Illinois Criminal Justice Information Authority		X	
Brian Kieninger	Illinois Department of Public Health (IDPH)		X	
Jennifer Martin	IDPH Injury & Violence Prev. Prog.	Springfield		

Stakeholders in Attendance

- Chicago
 - Dr. Teresa Glaze, Illinois Department of Human Services
 - Marilyn Green, IDPH
 - Cathy Rook – Community Mental Health Outlook and Education Trainer
- Springfield
 - Maribeth Grant, IDPH
- Phone
 - Becky Doran – IL State Board of Edu.
 - Angelica Hernandez – School Health
 - Carie Johnstone – Madrigal Consulting and Counseling, LLP
 - Jessica O’Leary – Attorney General’s Office
 - Dave Kunicki, Hope for the Day (HFTD)
 - Ben Mattson, HFTD
 - Megan – VA (Danville, IL)
 - Tandra Rutledge, Riveredge Hospital

Welcome/Introductions

- Steve Moore (**Facilitator**) welcomed and thanked everyone for attending the meeting.

Review & Approval of Previous Meeting Minutes

- No quorum. Could not vote to approve minutes at this time. Agreed to conduct an electronic vote after the meeting.

Update of ISPA leadership positions and member vacancies– Jennifer Martin

- Dr. Alvarez was nominated for Representative of Mental Health America IL.
- Jennifer followed up with agencies with vacancies to submit nominations.
- Still looking for representation for emergency medical services staff.

Guest Speaker: Cathy Rook – Community Mental Health Outreach and Education Trainer - Sertoma Centre, Inc.

<http://sertomacentre.org/>

- Focuses on adults 18+ living with mental illness
- Funded by Title XX and a grant from the Substance Abuse and Mental Health Services Administration
- Employs 'QPR' method (Question, Persuade, Refer) developed by Paul Quinnett, Ph.D.
 - Focuses on depression, LGBTQ community, mental illness
 - Can be taught to the layperson in as little as one hour
- Offers 'Mental Health First Aid' training
 - Learn how to recognize substance abuse; warning signs; how to reach out when someone is struggling
 - Free – all materials provided – courtesy of Title XX and SAMSHA Grant
 - Can conduct anywhere in the State of IL (min enrollment – 10)
 - Useful for adults, youth, older adults, veterans, etc.
- Hearing Voices Program – Dr. Pat Deegan
 - Participants listen to recorded (distressing) voices while trying to complete everyday tasks and/or interact with others.

Legislative Report - Steve Moore

- HB4658 – SCH CD – Mental Health Awareness - **Passed**. On to the Senate.
- HB5111 – Behavioral Health Workforce – **Passed**. On to the Senate.
- HB5109 – Community Behavioral Health Care – **Passed**. On to the Senate.
- SB2951 – Early Mental Health Act – **Passed**. On to the House.
- HB68 – Mental Health Parity – Did **NOT** pass.
- HB2354 – Lethal Order of Protection – Did **NOT** pass.
- DHS 1115 Waiver – **Approved**.
- AFSP Advocacy Day – had a turnout of 18 adults.
- Chuck and Steve met with Senator Tracy. They presented their ideas and she expressed sincere interest. She agreed to speak with Director Shah and her contact in the Governor's office and will follow up with Chuck and Steve regarding any info obtained.

Overview of Anne Marie's Law – Jessica Gerdes

- Requires suicide prevention policies for schools
- Requires State Board of Education to provide suicide prevention tool kit for schools. The toolkit has been drafted and is under internal review.
- When it is released, schools/principals can find it on the website under school health issues and it will be disseminated within the Superintendent Newsletter.

2018 Statewide and Regional Training Planning – Steve Moore and Tandra Rutledge

- The statewide program will focus on four critical areas outlined by the Project 2025 by the American Foundation for Suicide Prevention - Firearms, Healthcare Systems, Emergency Departments, and the Corrections System. The planning committee is looking for speakers.
- Regional AMSR (Assessing and Managing Suicide Risk) Training
 - Hosting seven trainings
 - Will use local trainers to keep costs down
 - Need name/branding to send save-the-dates and obtain sponsorships.
 - Hoping to collaborate with Loyola School of Nursing

2019 Meeting Dates

- Attendees agreed to meet the 2nd week of August and November of 2018, February and May of 2019.

Agency Updates

- Hope for the Day - Opened a coffee shop called Sip of Hope. This is the first coffee shop in which 100% of the proceeds benefit mental health and suicide prevention. The grand opening received plenty of media coverage including an appearance by Senator Dick Durbin. Patrons included both stakeholders and community members. If you're in the area, visit Sip of Hope at 3039 W. Fullerton (corner of Fullerton and Milwaukee) in Logan Square. Hours of operation are 6:00am-9:00pm, 7 days/week. All staff members are trained and certified in Mental Health First Aid.
- Adams County Suicide Prevention Coalition
 - Two front-page articles – one about LGBTQ issues, one about school bullying.
 - Fashion shows this year and next year
 - Care packages for funeral homes
 - Survivors of suicide support group
 - Held a 'Buy the Paddle' auction – Paddles are \$1
 - Monthly article in Farm Bureau newsletter
- IDPH Injury and Violence Prevention Program - Hosting a webinar which will include an overview of the *Making Illinois Safer: Injury, Violence, and Suicide Prevention Data Book: The Burden of Injury, Violence, and Suicide in Illinois, 2010-2015*, how to use the info it contains, and increase awareness as to how it can be used for suicide prevention efforts.
- "13 Reasons Why" - 2nd season airs May 18 on Netflix. SPRC webpage has talking points. May see increase in people seeking resources.
- Maternal Mortality Data (death within 1st year postpartum) – info forthcoming. Recommendations will be made later this year.
- Danville VA has a catchment of 30 counties – high risk veterans. They've put up two billboards with veteran crisis line info. There will be training in Danville (1/2 day – morning session and evening session). Training is free via the veteran law enforcement agency. Also hosting a Mental Health Summit in September where they will hold a screening of the film entitled "Suicide: The Ripple Effect" (Kevin Hines).
- IDPH Office of Women's Health is hosting an Adolescent Physical and Emotional Health seminar in Normal, IL on June 5-6, 2018.
- AFSP
 - Training for facilitators of support group for suicide survivors will be May 18 in Chicago
 - A forum in Washington D.C. will be held in June.
 - Held two campus walks (two weeks prior to this meeting) and the Annual Research Connection (three weeks prior to this meeting). Holding another campus walk in southern IL.
 - Compiling an 'After Suicide' tool kit.
 - Talk Saves Lives – happens during roll call at Chicago Police Department District 16 – Teaches police officers how to recognize signs of suicide among fellow officers.