



Participation Registration

We are committed to combatting the two leading causes of death in the United States: heart disease and stroke, and will help guide our members toward a heart-healthy lifestyle.

To sign up your Congregation/House of Faith to be a partner in the **Love to Love Your Heart** initiative, fill out the following form by providing your Point of Contact information and selecting (4) Activities you plan to conduct within the year.

POINT OF CONTACT

Official Name of Faith-Based Institution:		
Street Address:	City:	Zip Code:
Leader(s) Names/s:		
Contact Person:		
Website Address (if available):		
Advocate Name:		
Email:		
Telephone:		
Other:		

Your "Love to Love Your Heart" Advocate is the designated point of contact for your institution on matters related to the Love to Love Your Heart Initiative.

We, as a faith-based institution, will commit to accomplishing at least four of the following activities through December 2017 (Complete one activity per quarter):

ACTIVITIES (SELECTED)

- Establish and/or strengthen relationships with local experts and resources (community pharmacists and health centers, community health workers, other medical professionals).
- Disseminate messages about the importance of, and actions steps to, hypertension control (pulpit, website, emails, or weekly bulletins).
- Promote and use risk assessment tools and mobile applications such as: "Get Balance Rewards" or "MOVE.")
- Distribute blood pressure tracking tools (IDPH will provide wallet cards) or journal to record blood pressure readings.
- Support Adherence to medications.
- Other (please specify _____)

HOW TO SIGN UP

Final Step: Please email or fax your completed form to Gina Rives at dph.cmhs.info@illinois.gov. or 217-558-7181.