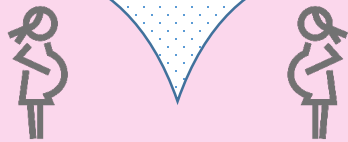
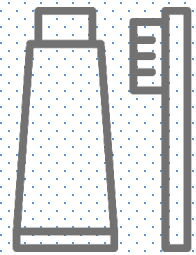


CYTOME GALOVIRUS (CMV)

CMV is a virus spread through urine, saliva, blood, mucus, and tears. CMV often goes undetected. If you are pregnant, talk to your primary care provider about CMV. A newborn diagnosed with cytomegalovirus may develop permanent medical conditions and disabilities such as hearing loss, blindness, cerebral palsy, mental and physical disabilities, and seizures.

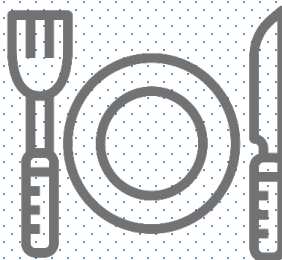
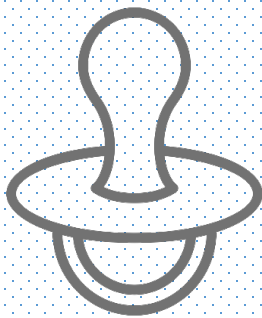


Tips for Pregnant Mothers to Help Prevent CMV in Newborns



Avoid contact with saliva when kissing a child

Do not share a toothbrush



Do not put a pacifier in your mouth

Do not share food, utensils, drinks, or straws

Wash your hands after changing a diaper