

We need your help to spread the word!

To sign up to host a Pink Potluck, go to cancerscreening.illinois.gov



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State of Illinois
Illinois Department of Public Health

Pink Potlucks



Women helping women by
promoting breast and
cervical cancer awareness



HOW CAN I ORGANIZE A PINK POTLUCK?

WHAT IS A PINK POTLUCK?

A Pink Potluck is a fun event that can save lives. It is an opportunity for women to talk with other women about the importance of screenings and early detection of breast and cervical cancer. Illinois kicked off the first Pink Potlucks by inviting women in congregations and community groups across the state to host events. Just like a regular potluck, everyone coming to the event brings a healthy dish or dessert to share. We then provide the information you need to know about getting screened for breast and cervical cancer.

WHY HOLD A PINK POTLUCK?

Women listen to their friends. That is why a Pink Potluck is the best way to get the word out about the importance of getting screened early for breast and cervical cancer. When it comes to breast and cervical cancer, early detection is the key to survival. According to the American Cancer Society, when breast cancer is caught in an early stage, five-year survival rates are close to 100 percent. Cervical cancer is also likely to be successfully treated at an early stage, and can even be prevented by early detection. Women need to know that the Illinois Breast and Cervical Cancer Program provides free screenings and diagnostic tests to uninsured or underinsured women. What better way to save lives and have fun than to gather a group of women for breakfast, lunch, or dinner and empower them to stay healthy!

FREE SCREENINGS

Uninsured women 35 and older can get free cervical cancer screenings, and women 40 and older can get free breast cancer screenings. Younger women with symptoms also may be eligible. Eligible women diagnosed with breast or cervical cancer, or a precancerous cervical condition, whether diagnosed through IBCCP or an outside medical provider, may be eligible to receive free treatment through the Illinois Department of Healthcare and Family Services. For more information, please call the Illinois Women's Health-Line at 888-522-1282 (800-547-0466 TTY) or go to cancerscreening.illinois.gov.

TAKE CHARGE
get screened

www.cancerscreening.illinois.gov

ILLINOIS WOMEN'S HEALTH-LINE
888-522-1282

TTY 800-547-0466
(HEARING IMPAIRED USE ONLY)

1. Decide how many people you want to invite. It can be a small group of women or a whole congregation.
2. Pick a location and time.
3. Register your Pink Potluck by going to www.cancerscreening.illinois.gov. There you can order the information that you will need.
4. Invite women through fliers, phone calls, e-mails or word of mouth. Let them know if the potluck is a breakfast, lunch or dinner and ask them to bring some food to share.
5. Invite a speaker knowledgeable about women's health issues and, if possible, find a survivor to talk about her experiences.
6. Be prepared to eat, have fun and get informed!

