



Overview of Home Health, Home Services, and Home Nursing Services

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Overview

	Home Health Agency	Home Nursing Agency	Home Services Agency
Statutory Definition	A public agency or private organization that provides skilled nursing service and at least one other home health service. <i>210 ILCS 55/2.04</i>	An agency that provides services directly, or acts as a placement agency, to deliver skilled nursing and home health aide services to people in their personal residences. <i>210 ILCS55/2.11</i>	An agency that provides services directly, or acts as a placement agency, for the purpose of placing individuals in a client’s personal residence to provide home services. <i>210 ILCS 55/2.08</i>
Service Areas	<ul style="list-style-type: none"> • Part-time or intermittent nursing service • Physical therapy • Occupational therapy • Speech therapy • Medical social services • Home health aide services • Full list located in “Nursing and Therapy Services” and “Home Health Aide and Home Services Worker Services” 	<ul style="list-style-type: none"> • Services that would require an individual licensed under the Nursing and Advanced Practice Nursing Act to work on a shift schedule, one-time, full-time or part-time and/or intermittent basis • Home health aide services under the supervision of a registered nurse • Full list located in “Nursing and Therapy Services” and “Home Health Aide and Home Services Worker Services” 	<ul style="list-style-type: none"> • Non-medical services • Assistance with activities of daily living (ADL) • Housekeeping • Medication reminding • Cooking • Shopping • Assistance with transportation • Maintenance of household records • Personal laundry • Companionship • Excludes skilled services and ADL assistance that requires the skills of a home health aide under the supervision of a registered nurse • Full list located in “Home Health Aide and Home Services Worker Services”
Agency Personnel	<ul style="list-style-type: none"> • Registered Professional Nurses and Licensed Practical Nurses • Physical Therapists and Assistants 	<ul style="list-style-type: none"> • Registered Professional Nurses • Licensed Practical Nurses • Advanced Practice Nurses 	<ul style="list-style-type: none"> • Home Services Workers • Certified Nursing Assistant s (CNAs) (scope of practice restricted to home

	Home Health Agency	Home Nursing Agency	Home Services Agency
	<ul style="list-style-type: none"> • Occupational Therapists and Assistants • Speech-Language Pathologists • Social Workers and Assistants • Home Health Aides (CNAs) 	<ul style="list-style-type: none"> • Home Health Aides (CNAs) 	services worker scope)
Laws and Regulations	<ul style="list-style-type: none"> • Nurse Practice Act: 225 ILCS 65/ 68 Ill. Adm. Code 1300 • Home Health, Home Services, and Home Nursing Agency Act: 210 ILCS 55 77 Ill. Adm. Code Part 245 • Illinois Occupational Therapy Practice Act 225 ILCS 75 • Illinois Physical Therapy Act 225 ILCS 90 • Illinois Speech-language Pathology and Audiology Practice Act 225 ILCS 110 • Clinical Social Worker and Social Work Practice Act 225 ILCS 20 	<ul style="list-style-type: none"> • Nurse Practice Act: 225 ILCS 65/ 68 Ill. Adm. Code 1300 • Home Health, Home Services, and Home Nursing Agency Act: 210 ILCS 55 77 Ill. Adm. Code Part 245 	<ul style="list-style-type: none"> • Home Health, Home Services, and Home Nursing Agency Act: 210 ILCS 55 77 Ill. Adm. Code Part 245

Nursing and Therapy Services

	Home Health Agency	Home Nursing Agency	Home Services Agency
Skilled Nursing Services	<ul style="list-style-type: none"> • Patient observation and assessment • Medication administration/medicine box set up • Infusion • Complex dressing changes including those that require application of medications • Patient education regarding medications, diet, disease process, and related self-care • Caregiver education • Tube feedings • Catheter and ostomy care • Venipuncture • Psychiatric evaluation, therapy, and teaching • Oversight of aide services • Other skilled nursing activities 	<ul style="list-style-type: none"> • Patient observation and assessment • Medication administration/medicine box set up • Infusion • Complex dressing changes including those that require application of medications • Patient education regarding medications, diet, disease process, and related self-care • Caregiver education • Tube feedings • Catheter and ostomy care • Venipuncture • Psychiatric evaluation, therapy, and teaching • Oversight of aide services • Other skilled nursing activities 	Not in Scope
Therapy Services	<ul style="list-style-type: none"> • Assessment and care plan development • Therapeutic exercises, exercise plan development, and patient/caregiver teaching • Gait training • Range of motion • Ultrasound, shortwave, and microwave 	Not in Scope	Not in Scope

	Home Health Agency	Home Nursing Agency	Home Services Agency
	diathermy treatments <ul style="list-style-type: none"> • Hot-packs, infra-red treatments, paraffin baths, and whirlpool baths • Treatment of swallowing, breathing, and voice disorders • Family and caregiver training in cueing • Restorative speech-language pathology for aphasia and memory • Teaching compensatory techniques to improve independence in ADLs • Therapeutic tasks to restore sensory-integrative function • Teaching task-oriented therapeutic activities to restore physical function • Therapeutic activity programs for patients with psychiatric illness • Designing, fabricating, and fitting orthotic and self-help devices 		
Social Work Services	<ul style="list-style-type: none"> • Assessment of social and emotional factors related to illness • Access to community resources • Patient and family/caregiver counseling • Discharge planning 	Not in Scope	Not in Scope

Home Health Aide and Home Services Worker Services

Definition of Certified Nurse Assistant (CNA) Certified Nursing Assistant or CNA – an individual who does not hold a professional license from the Department of Financial and Professional Regulation, volunteers to provide licensed services without pay; was grandfathered in, has successfully completed the Basic Nursing Assistant Training Program (BNATP) and competency examination, or has met the equivalency requirements of 77 Ill. Adm. Code 300.663 (Skilled Nursing and Intermediate Care Facilities Code).

Definition of Home Health Aide – an individual who meets training requirements by completion of a training program approved under the Long-Term Care Assistants and Aides Training Programs Code (see 77 Ill. Adm. Code 395).

An individual may also establish equivalency by any one of the following:

- 1) Documentation of current registration from another state.
- 2) Documentation of successful completion of a nursing arts course, which included at least 40 hours of supervised clinical experience in an accredited nurse training program as evidenced by diploma, certificate, or other written verification from the school, and successful completion of the written portion of the IDPH-established nursing assistant competency test.
- 3) Documentation of successful completion of a United States military training program that includes the content of the Basic Nursing Assistant Training Program (see 77 Ill. Adm. Code 395), as evidenced by a diploma, certification DD-214, or other written verification, and successful completion of the written portion of the IDPH-established nursing assistant competency evaluation.
- 4) Documentation of completion of a nursing program in a foreign country and successful completion of the written portion of the IDPH-established competency test. Documentation includes: a copy of the license, diploma, registration, or other proof of completion of the program; a copy of the social security card; and Visa or proof of citizenship. Requests to establish equivalency shall be submitted to IDPH with accompanying documentation.

	Home Health Agency	Home Nursing Agency	Home Services Agency
Personnel	Home Health Aide (CNA)	Home Health Aide (CNA)	Home Services Worker and CNA
Observation and Reporting	<ul style="list-style-type: none"> • Reporting changes in the patient's/client's condition and needs to the registered nurse or the appropriate therapist • May perform vital signs (temperature, blood pressure, pulse, respirations, pulse) 	<ul style="list-style-type: none"> • Reporting changes in the patient's/client's condition and needs to the registered nurse; includes inputs and outputs, weight, bowel movement, and appetite • May perform vital signs (temperature, blood pressure, pulse, respirations, pulse) 	<ul style="list-style-type: none"> • Observation of client functioning and reporting to designated authority • May not perform vital signs

	Home Health Agency	Home Nursing Agency	Home Services Agency
Personnel	Home Health Aide (CNA)	Home Health Aide (CNA)	Home Services Worker and CNA
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Companionship Services	Not applicable	Not applicable	<ul style="list-style-type: none"> • Companionship • Assistance with shopping and appointments outside the home
Housekeeping Services	Minimal housekeeping services related to patient medical needs	Housekeeping services related to patient medical needs	<ul style="list-style-type: none"> • Assistance with household chores • Cooking and meal preparation • Cleaning • Laundry
Skin Care	<ul style="list-style-type: none"> • Skin care using only non-medicated or non-prescription products • Preventive skin care 	<ul style="list-style-type: none"> • Skin care using only non-medicated or non-prescription products • Preventive skin care 	<ul style="list-style-type: none"> • Skin care only when skin is intact, using only non-medicated or non-prescription products • Preventive general care of unbroken skin <p>Exclusions:</p> <ul style="list-style-type: none"> • No care of broken skin • No wound care or dressing changes • No application of lotion/solutions requiring a physician prescription
Ambulation	<ul style="list-style-type: none"> • Assist with ambulation • Assist with ambulation of patient using adaptive equipment for ambulation (walker, cane, wheelchair) 	<ul style="list-style-type: none"> • Assist with ambulation • Assist with ambulation of patient using adaptive equipment for ambulation (walker, cane, wheelchair) 	<ul style="list-style-type: none"> • Assist with ambulation • Assist with ambulation using adaptive equipment for ambulation (walker, cane, and wheelchair) after the patient has been trained by a registered nurse/physical therapist/occupational therapist and released to work on his/her own with the equipment <p>Exclusions:</p>

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Personnel	Home Health Aide (CNA)	Home Health Aide (CNA)	Home Services Worker and CNA
			<ul style="list-style-type: none"> • No ambulation of patient with a device patient is in training to use
Bathing	<ul style="list-style-type: none"> • Bathing assistance including provision of bed baths • Includes bathing of patients whose skin is not intact 	<ul style="list-style-type: none"> • Bathing assistance including provision of bed baths • Includes bathing of patients whose skin is not intact 	<ul style="list-style-type: none"> • Assist client with bathing • Bed bath if worker is trained and competency evaluated, and client can direct the bath <p>Exclusions:</p> <ul style="list-style-type: none"> • No bathing services if client has skilled skin care needs or wound dressings that will require attention before, during, or after bath
Dressing	<ul style="list-style-type: none"> • Assist client with dressing including clothing and support stockings that can be purchased without a physician prescription • Can apply physician prescribed support stockings if trained and competency tested 	<ul style="list-style-type: none"> • Assist client with dressing including clothing and support stockings that can be purchased without a physician prescription • Can apply physician prescribed support stockings if trained and competency tested 	<ul style="list-style-type: none"> • Assist client with dressing including clothing and support stockings that can be purchased without a physician prescription <p>Exclusions:</p> <ul style="list-style-type: none"> • No elastic bandages applied • No sequential compression device that requires a physician MD prescription
Exercise	<ul style="list-style-type: none"> • Assist with exercise, including passive assistance limited to normal bodily movement • Encourage a prescribed exercise program • Perform simple procedures as an extension of therapeutic services 	<ul style="list-style-type: none"> • Assist with exercise, including passive assistance limited to normal bodily movement • Encourage a prescribed exercise program • Perform simple procedures as an extension of therapeutic services 	<ul style="list-style-type: none"> • Assist with exercise, including passive assistance limited to encouraging normal bodily movement • Encourage a prescribed exercise program <p>Exclusions:</p> <ul style="list-style-type: none"> • Passive range of motion

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Personnel	Home Health Aide (CNA)	Home Health Aide (CNA)	Home Services Worker and CNA
Feeding	<ul style="list-style-type: none"> • Assist with normal feeding when patient can independently swallow and can be positioned upright • Can assist patients with special feeding needs if trained and competency evaluated, and services are provided under the general supervision of a nurse <p>Exclusions:</p> <ul style="list-style-type: none"> • No syringe feeding, tube feeding, or intravenous nutrition • No feeding of a patient at high risk of choking 	<ul style="list-style-type: none"> • Assist with normal feeding when patient can independently swallow and can be positioned upright • Can assist patients with special feeding needs if trained and competency evaluated, and services are provided under the general supervision of a nurse <p>Exclusions:</p> <ul style="list-style-type: none"> • No syringe feeding, tube feeding, or intravenous nutrition • No feeding of a patient at high risk of choking 	<ul style="list-style-type: none"> • Assist with feeding when patient can independently swallow and can be positioned upright <p>Exclusions:</p> <ul style="list-style-type: none"> • No syringe feeding, tube feeding, or intravenous nutrition • No feeding of a patient at high risk of choking
Hair Care	<ul style="list-style-type: none"> • Assist with the maintenance and appearance of hair (non-medicated shampooing, drying, combing, styling hair) • Can apply medicated shampoo and/or shampoo requiring a physician prescription 	<ul style="list-style-type: none"> • Assist with the maintenance and appearance of hair (non-medicated shampooing, drying, combing, styling hair) • Can apply medicated shampoo and/or shampoo requiring a physician prescription 	<ul style="list-style-type: none"> • Assist with the maintenance and appearance of hair (non-medicated shampooing, drying, combing, styling hair) <p>Exclusions:</p> <ul style="list-style-type: none"> • No shampooing with shampoo requiring a physician prescription
Mouth Care	<ul style="list-style-type: none"> • Assist in and perform mouth care, denture care, and basic oral hygiene, including suctioning for mouth care • Can provide mouth care for an unconscious patient • No suctioning related to respiratory care 	<ul style="list-style-type: none"> • Assist in and perform mouth care, denture care, and basic oral hygiene, including suctioning for mouth care • Can provide mouth care for an unconscious patient • No suctioning related to respiratory care 	<ul style="list-style-type: none"> • Assist in and perform mouth care, denture care, and basic oral hygiene, including suctioning for mouth care <p>Exclusions:</p> <ul style="list-style-type: none"> • No mouth care for unconscious patient • No suctioning related to respiratory care
Nail Care	<ul style="list-style-type: none"> • Assist with nail care including soaking of nails, pushing back cuticles with utensils, 	<ul style="list-style-type: none"> • Assist with nail care including soaking of nails, pushing back cuticles with utensils, 	<ul style="list-style-type: none"> • Assist with nail care including soaking of nails, pushing back cuticles without

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	filing of nails, and nail trimming <ul style="list-style-type: none"> Excludes nail trimming of patients with conditions that might involve peripheral circulatory problems or loss of sensation (e.g. diabetic) 	filing of nails, and nail trimming <ul style="list-style-type: none"> Excludes nail trimming of patients with conditions that might involve peripheral circulatory problems or loss of sensation (e.g. diabetic) 	utensils, and filing of nails Exclusions: <ul style="list-style-type: none"> No nail trimming No nail care of patients with conditions that might involve peripheral circulatory problems or loss of sensation (e.g. diabetic)
Positioning	<ul style="list-style-type: none"> Assist client/patient with positioning when the client is able to identify to the worker, verbally, non-verbally, or through other means, when the position needs to be changed and when skilled skin care is not required in conjunction with the positioning Positioning may include simple alignment in a bed, wheelchair, or other furniture Positioning can be provided without the patient requesting the change, but based on the written assignment/plan of care 	<ul style="list-style-type: none"> Assist client/patient with positioning when the client is able to identify to the worker, verbally Assist client/patient with positioning when the client is able to identify to the worker, verbally, non-verbally, or through other means, when the position needs to be changed and when skilled skin care is not required In conjunction with the positioning, non-verbally, or through other means, when the position needs to be changed and when skilled skin care is not required in conjunction with the positioning Positioning may include simple alignment in a bed, wheelchair, or other furniture Positioning can be provided without the patient requesting the change, but based on the written assignment/plan of care 	<ul style="list-style-type: none"> Positioning may include simple alignment in a bed, wheelchair, or other furniture
Shaving	<ul style="list-style-type: none"> Assist client with shaving only with an electric or safety razor 	<ul style="list-style-type: none"> Assist client with shaving only with an electric or safety razor 	<ul style="list-style-type: none"> Assist client with shaving only with an electric or safety razor
Toileting	<ul style="list-style-type: none"> Assist client to/from the bathroom 	<ul style="list-style-type: none"> Assist client to/from the bathroom 	<ul style="list-style-type: none"> Assist client to/from the bathroom

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Personnel	Home Health Aide (CNA)	Home Health Aide (CNA)	Home Services Worker and CNA
	<ul style="list-style-type: none"> • Provide assistance with bed pans, urinals, and commodes • Provide pericare • Change clothing and pads of any kind used for care of incontinence • Empty or change external urine collection devices, such as catheter bags or suprapubic catheter bags • Empty ostomy bags • Remove and replace clip-on bags/pouches <p>Exclusions:</p> <ul style="list-style-type: none"> • No insertion or removal of catheters or care of external catheters • No removal of the Ostomy Wafer attached to the skin • No digital stimulation, insertion of suppositories • No enemas 	<ul style="list-style-type: none"> • Provide assistance with bed pans, urinals, and commodes • Provide pericare • Change clothing and pads of any kind used for care of incontinence • Empty or change external urine collection devices, such as catheter bags or suprapubic catheter bags • Empty ostomy bags • Remove and replace clip-on bags/pouches <p>Exclusions:</p> <ul style="list-style-type: none"> • No insertion or removal of catheters or care of external catheters • No removal of the Ostomy Wafer attached to the skin • No digital stimulation, insertion of suppositories • No enemas 	<ul style="list-style-type: none"> • Provide assistance with bed pans, urinals, and commodes • Provide pericare • Change clothing and pads of any kind used for care of incontinence • Empty or change external urine collection devices, such as catheter bags or suprapubic catheter bags • Empty ostomy bags and provide assistance to client directed ostomy care only when there is no need for skin care <p>Exclusions:</p> <ul style="list-style-type: none"> • No insertion or removal of catheters or care of external catheters • No removal of the Ostomy Wafer attached to the skin • No digital stimulation, insertion of suppositories • No enemas
Transfers	<ul style="list-style-type: none"> • Assist with all types of transfers for which aide has been competency evaluated • Assistance of the client is not required in transfers, nor does the client have to be able to direct the use of transfer equipment 	<ul style="list-style-type: none"> • Assist with all types of transfers for which aide has been competency evaluated • Assistance of the client is not required in transfers, nor does the client have to be able to direct the use of transfer equipment 	<ul style="list-style-type: none"> • Assist with transfers only when the client has sufficient balance and strength to reliably stand, pivot and assist with the transfer to some extent • Adaptive and safety equipment may be used in transfers provided the client is fully trained in the use of the equipment and can direct the transfer step-by-step.

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Personnel	Home Health Aide (CNA)	Home Health Aide (CNA)	Home Services Worker and CNA
			<ul style="list-style-type: none"> • Gait belts may be used for safety as long as worker has been trained in their use. • Assist client in the use of a mechanical or electrical transfer device only when the following conditions are met: <ul style="list-style-type: none"> a) worker has been trained in the use of the device b) the client or client’s representative must be able to direct transfer step-by step; and c) the agency has conducted a competency evaluation of the worker using the type of device that is in the home. <p>Exclusions:</p> <ul style="list-style-type: none"> • No assistance with transfers when the client is unable to assist with the transfer.
Medication Reminding	<ul style="list-style-type: none"> • Assist a client with medication reminding only when medications have been pre-selected by the client, a family member, a nurse, or a pharmacist, and are stored in containers other than the prescription bottles, such as medication minders • Medication minders must be clearly marked as to the day and time of dosage • Medication reminding includes: inquiries as to whether medications were taken; 	<ul style="list-style-type: none"> • Assist a client with medication reminding only when medications have been pre-selected by the client, a family member, a nurse, or a pharmacist, and are stored in containers other than the prescription bottles, such as medication minders • Medication minders must be clearly marked as to the day and time of dosage • Medication reminding includes: inquiries as to whether medications were taken; 	<ul style="list-style-type: none"> • Assist a client with medication reminding only when medications have been pre-selected by the client, a family member, a nurse, or a pharmacist, and are stored in containers other than the prescription bottles, such as medication minders • Medication minders must be clearly marked as to the day and time of dosage • Medication reminding includes: inquiries as to whether medications were taken;

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Personnel	Home Health Aide (CNA)	Home Health Aide (CNA)	Home Services Worker and CNA
	<p>verbal prompting to take medications; handing the appropriately marked medication minder container to the client; and opening the appropriately marked medication minder container for the client if the client is physically unable to open the container</p> <ul style="list-style-type: none"> • Immediately report to supervisor any irregularities noted in the pre-selected medications, such as medications taken too often, not often enough 	<p>verbal prompting to take medications; handing the appropriately marked medication minder container to the client; and opening the appropriately marked medication minder container for the client if the client is physically unable to open the container</p> <ul style="list-style-type: none"> • Immediately report to supervisor any irregularities noted in the pre-selected medications, such as medications taken too often, not often enough 	<p>verbal prompting to take medications; handing the appropriately marked medication minder container to the client; and opening the appropriately marked medication minder container for the client if the client is physically unable to open the container</p> <ul style="list-style-type: none"> • Immediately report to supervisor any irregularities noted in the pre-selected medications, such as meds taken too often, not often enough
Respiratory Care	<ul style="list-style-type: none"> • May temporarily remove and replace oxygen nasal cannula or mask from the client’s face for purposes of shaving or washing a patient’s face • May provide oral suctioning only for mouth care <p>Exclusions:</p> <ul style="list-style-type: none"> • No respiratory care such as: postural drainage; cupping; adjusting oxygen flow; nasal, endotracheal, or tracheal suctioning; and turning off or changing tanks 	<ul style="list-style-type: none"> • May temporarily remove and replace oxygen nasal cannula or mask from the client’s face for purposes of shaving or washing a patient’s face • May provide oral suctioning only for mouth care <p>Exclusions:</p> <ul style="list-style-type: none"> • No respiratory care such as: postural drainage; cupping; adjusting oxygen flow; nasal, endotracheal, or tracheal suctioning; and turning off or changing tanks 	<ul style="list-style-type: none"> • May temporarily remove and replace oxygen nasal cannula or mask from the client’s face for purposes of shaving or washing a patient’s face • May provide oral suctioning only for mouth care <p>Exclusions:</p> <ul style="list-style-type: none"> • No respiratory care such as: postural drainage; cupping; adjusting oxygen flow; nasal, endotracheal, or tracheal suctioning; and turning off or changing tanks.